



Rock Bridge Small Group Discussion Guide
The Struggle – Part 3
PARTICIPANT GUIDE

INTO THE WORD:

Read Luke 12:22-34

- 1) In this passage Jesus goes after our worry hard. What does He say about the effectiveness of worry?
- 2) What does Jesus say should counter our worry in the examples He gives?
- 3) Jesus tells us to focus our attention on the Kingdom of God, and seeking it. What does that look like for us practically speaking?
- 4) In vs. 30 Jesus says God knows that we need food and clothes. What does God's awareness of that mean to you? What should you expect from Him as a provider?
- 5) In vs. 32 what kind of attitude does God have toward His children with regards to the Kingdom of God? How should this affect our prayers?

APPLY THE WORD:

- 5) How can thankfulness help us in battling worry and anxiety?
- 6) Share with the group a time when you were able to move past worry. What did you do that helped?
- 7) As a group, discuss practical steps and intentional ways to make room in our lives for "Dwelling" and "Recalibration" around God.

Prayer Time:

- Each person in the group name one thing (quickly) that they are worrying about. Pray over each person, for God to help them trust in this area, and for them to trust in Him more and in His love for them.