



Rock Bridge Small Group Discussion Guide
The Struggle – Part 3
LEADER GUIDE

SMALL GROUP LEADERS: - Remember the C's of Small group health:

CONTENT - biblical, intentional, and conversational

CONSISTENCY - regular meetings and interactions with one another

CCARE - sharing life's ups and downs with grace, love and encouragement

CELEBRATION - celebrating God's grace to us and having fun together

COMMISSION - participating in what God is doing now during our lifetime on earth

CHARACTER - as a leader – growing in my example for my group

ICE BREAKER:

- What is one thing that you worry about that others might not guess about you?

INTO THE WORD:

Read Luke 12:22-34

1) In this passage Jesus goes after our worry hard. What does He say about the effectiveness of worry?

2) What does Jesus say should counter our worry in the examples He gives?

Teaching Tip: Our worry is always rooted to our lack of faith in God's love for us. Notice in the passage Jesus insistence on our value and worth to God. He counters that our value exceeds the birds and the grass, yet God lavishly provides for them.

3) Jesus tells us to focus our attention on the Kingdom of God, and seeking it. What does that look like for us practically speaking?

4) In vs. 30 Jesus says God knows that we need food and clothes. What does God's awareness of that mean to you? What should you expect from Him as a provider?

5) In vs. 32 what kind of attitude does God have toward His children with regards to the Kingdom of God? How should this affect our prayers?

Teaching Tip: God DELIGHTS to give us the kingdom. This should increase our faith, and cause us to move to a place of courage and bolder living.

APPLY THE WORD:

5) How can thankfulness help us in battling worry and anxiety?

6) Share with the group a time when you were able to move past worry. What did you do that helped?

7) As a group, discuss practical steps and intentional ways to make room in our lives for "Dwelling" and "Recalibration" around God.

Prayer Time:

- Each person in the group name one thing (quickly) that they are worrying about. Pray over each person, for God to help them trust in this area, and for them to trust in Him more and in His love for them.