



Rock Bridge Small Group Discussion Guide
The Struggle – Part 2
LEADER GUIDE

SMALL GROUP LEADERS: - Remember the C's of Small group health:

CONTENT - *biblical, intentional, and conversational*

CONSISTENCY - *regular meetings and interactions with one another*

CCARE - *sharing life's ups and downs with grace, love and encouragement*

CELEBRATION - *celebrating God's grace to us and having fun together*

COMMISSION - *participating in what God is doing now during our lifetime on earth*

CHARACTER - *as a leader – growing in my example for my group*

ICE BREAKER:

- If you could ask God one question, what would it be?

INTO THE WORD:

Read John 20:24-31

1) How do you relate to Thomas in this story?

2) Why is it dangerous to demand God reveal Himself to us in a certain way?

Teaching Tip: Anytime we act in a "demanding" way we are dangerously close to issues of pride and control. We demand God do it our way.

3) Why does Jesus promise blessing to those who believe without seeing?

Teaching Tip: For the Christ-follower, faith is how we see and perceive reality. When we see through the "eyes" of faith, we will perceive God MORE than if we limit ourselves only to physical sight.

4) According to John 20:30-31, how does God enable us to "see" Christ?

APPLY THE WORD:

5) Go back through the "heart" questions given in the sermon. Which one did you find resonated most with you and why?

From the Sermon:

Questions to ask your heart in a season of doubt:

- a) Is my heart more willing to scheme (to get what it wants) or to surrender to God's will?
- b) Am I trying to re-invent or re-imagine God to suit my wants, or am I relying on what God has revealed about Himself?

- c) What sin or temptation could be active in my heart right now?
- d) What attribute of God's character needs my attention?
- e) Peter's question: "Who [else] will I go?" (Where would this doubt take me if not to God?)

6) Share an area of doubt in your life where you are struggling to see or trust or value God?
How can this group support you?

Leader Tip: Be prepared to follow the Holy Spirit here and do not be afraid to call the group to pray for and over someone.

Prayer Time:

- Option A: Pray for each other specifically based on how the above questions were answered by group members.
- Option B: Ask each group member to complete the following sentence prayer:
"God, right now I am doubting _____. Help me to lean into Your _____ (a specific aspect of God's character). Amen."