



Rock Bridge Small Group Discussion Guide  
Me, My Selfie, and I – Part 4  
PARTICIPANT GUIDE

**INTO THE WORD:**

- 1) Read Exodus 14:1-14
  - a) List all the ways that God's instructions conflict with "worldly" (or military) wisdom.
  - b) Look at verse 14:11. What are the Israelites complaining about and questioning God/Moses about? Can you relate to how they feel?
  - c) You've heard it said, "*It depends on how you look at it.*" How do the Israelites need to look at this situation? (see vv. 13-14)
  - d) When it is us facing the army, in between a rock and a hard place, why is it so hard to see the situation through the eyes of faith in God?
  - e) Why does God work this way? What do we learn about the kind of relationship God wants to have with us? (Read v. 14:18)

**APPLY THE WORD:**

- 2) Where does this lesson/sermon speak to you the most right now in your life?
- 3) If you accepted God's definition of strength and God's definition of yourself, how would you be different?
- 4) Discuss a situation in your life where you need strength. In your group or groups of 3-4, talk through what it looks like to be strong in the Lord in that situation—even if the circumstances do not change. Be as specific as possible.

**PRAYER TIME:**

*Suggested Idea: (Sit in a circle): Have each person pray for the person on their right (not their spouse), using this as a guide: "Lord, help \_\_\_\_\_ to be strong in the strength You provide ..."*