



Rock Bridge Small Group Discussion Guide  
The Cross Changes Everything – Part 3  
LEADER GUIDE

**SMALL GROUP LEADERS:** - Remember the C's of Small group health:

**CONTENT** - biblical, intentional, and conversational

**CONSISTENCY** - regular meetings and interactions with one another

**CCARE** - sharing life's ups and downs with grace, love and encouragement

**CELEBRATION** - celebrating God's grace to us and having fun together

**COMMISSION** - participating in what God is doing now during our lifetime on earth

**CHARACTER** - as a leader – growing in my example for my group

---

**ICEBREAKER:**

- Within the first few minutes of meeting someone for the first time, what is something you are most likely to share about yourself (i.e.-kids, family, job, hometown, education, etc)?

**INTO THE WORD:**

1) Read Romans 6:6-11

- a) List all the truths contained in this passage concerning the Christ-follower that results from the cross & resurrection.

*Teaching Point: truths include that we died with Christ; we do not have to sin anymore; we are alive in a new way to Christ; the claims of sin (guilt, shame, need for penalty) are gone; etc.*

- b) Which truth (from above) do you most to live into (or realize and apply in your life)?

- c) Imagine you are talking to someone who is ready to become a Christ-follower. How do you explain to them what really happened at the Cross?

**APPLY THE WORD:**

- 2) Share some ways that you tend to minimize the full truths and implications of the Cross in your own life?

*Teaching Tip: Some people may tend to over-emphasize their sinfulness and under-realize their freedom not to sin because they are freed from sin. Other may suffer from ingratitude over what God really accomplished for them at the cross. Encourage your group to really wrestle with the full reality of the Cross.*

- 3) Imagine if the Cross were your only boast. You did not need human approval; you did not need to 'win' at your job, your class, your sport, etc; you did not need other people to make

you whole & happy. What difference would that make in your attitude? Your relationships? Your approach to work, school, sports?

4) Is there any sin you need to confess, and then claim the power of the Cross over that sin? Pray for one another to realize the full truth and full power of the Cross.

*Teaching Tip: Group leaders should model transparency by going first. Also, you may consider breaking into groups of 2-3.*

#### **PRAYER TIME:**

*Encourage group members to praise God and boast to Him in the Cross along the following categories:*

- *God, I realize everything good thing I have is bought by the Cross.*
- *God, I am dealing with something bad right now ... but I thank you that it will be turned into good by the Cross.*
- *God, forgive me for ingratitude ...*
- *God, help me overcome ...*