

LESSON 1

I AM FEARFULLY AND WONDERFULLY MADE

LESSON AT A GLANCE

WONDER TRUTH: God Made Me on Purpose, for a Purpose

SCRIPTURE: Psalm 139

GOD'S BIG STORY: King David writes a psalm describing the incredible ways God interacts with us—creating us, being with us, and knowing us. God does everything with purpose, including creating us!

WORD OF WONDER: How God made me is amazing and wonderful. —from Psalm 139:14

Activity: God Made Me on Purpose

Activity: Take a Look!

Worship

God's Big Story

Snack

Word of Wonder

Prayer and Blessing

Activity: In the Circle

Activity: God Made Me on Purpose

Greet the kids warmly and welcome them to church.

Welcome! We're going to talk today about how God made you to be so special and wonderful. Let's play a game and get curious!

Use the given phrases and encourage kids to copy the activity that goes along with each phrase. If time permits, create more of your own.

- **God made me special. He gave me two ears to hear.** Count one ear, and two ears, and then point to both ears.
- **God made me special. He gave me hair.** Point to hair and tousle it.
- **God made me special. He gave me feet to walk.** Lift each foot and walk around the room.
- **God made me special. He gave me hands to clap.** Clap hands several times.
- **God made me special. He gave me eyes to see.** Count one eye, two eyes, and blink eyes fast.
- **God made me special. He gave me a tongue to taste yummy food.** Stick out your tongue and say, "Yum-yum!"

Make It Inclusive: Adjust your phrases to include all kids, if any kids in your ministry have disabilities or physical limitations.

Activity: Take a Look!

SUPPLIES: mirror

In God's big story today, we'll learn that God made you on purpose, for a purpose. He knows you. He loves you, and He made you to be different than everyone else. Let's take a look at ourselves and see how God made us to be amazing and wonderful!

Show the kids the mirror and let them look at their reflections. Make a silly face in the mirror. Encourage kids to copy the silly face and watch themselves in the mirror. Then act out silly things in the mirror (such as patting yourself on the head or pretending to eat a lot of food). Encourage kids to copy the silly motions and watch themselves in the mirror. You can tap different parts of your face in the mirror and encourage the kids to do the same.

Our Wonder Truth today is: GOD MADE ME ON PURPOSE, FOR A PURPOSE.

Encourage the kids to do the following motions while you repeat the Wonder Truth. Older toddlers can say the words with you as they do the motions.

GOD—Point up.

MADE ME—Point to self.

ON PURPOSE—Give a thumbs-up with one hand.

FOR A PURPOSE—Give a thumbs-up with the other hand.

Worship

Today we're learning that God made us on purpose, for a purpose. We'll see that God loves us so much and that we're fearfully and wonderfully made. Let's sing about His love together!

Play songs from the Little Learner's Play list and encourage the kids to sing and dance with you.

God's Big Story

SUPPLIES: Bible

RESOURCES: Bible Story Picture (1/SG)

Our part of God's big story today is a great story from the Bible about a person named David. Encourage the kids to say, "David." **Let's find out from the Bible what David did to show his love to God.**

Show the kids the God's Big Story Video, read Psalm 139:13–14 from the Bible, or use the script provided. You can print a Bible Story Picture to give the kids a visual depiction of the Bible story.

Watch me and do what I do as I tell the story. A long time ago, God's people had a king named David. He was smart and brave. Point to head and flex muscles.

King David loved God more than anything. Hands over heart.

David told God that he loved Him by writing songs. They're in the Bible. Sing a loud note or a quick song.

David wrote:

God ... Point up.

You see everything. Hands over eyes.

You know me. Point to yourself.

And you love me. Hands on heart.

God ... Point up.

You are with me. Point to yourself. Stand up, if not already standing.

When I sit. Sit down.

And when I rise. Stand up.

You are everywhere. Point all around the room.

God ... Point up.

You created me very carefully. Pretend to make something with your hands.

I praise You. Make praise hands.

He made me on purpose, for a purpose. Point to kids with both hands.

Snack

Instruct kids to sit in the floor. Pass out snacks and say a prayer together.

Invite kids to repeat after you:

Thank you for the world so sweet. kids repeat

Thank you for the food we eat. kids repeat

Thank you for the birds that sing. kids repeat

Thank you God for everything. kids repeat

Amen

Word of Wonder

SUPPLIES: Bible

WORD OF WONDER

How God made me is amazing and wonderful.

—from Psalm 139:14

Our Word of Wonder for the Wonderfully Made series is from Psalm 139:14. Let's practice saying the Word of Wonder together. Practice the verse with the kids.

Encourage the kids to do the motions and say the verse with you.

- **HOW GOD**—Point up with both hands.
- **MADE ME**—Point to yourself with two thumbs.
- **IS AMAZING**—Put one arm out to your side for each word.
- **AND WONDERFUL.**—Burst both arms up and out to the sides at the same time.
- **FROM PSALM 139:14**—Hold your hands open in front of you, as if holding a book.

Prayer and Blessing

After the kids finish their activity, pray with them, thanking God for making them on purpose, for a purpose.

As we pray, point to yourself when I say, “making me.” Point to your head when I say, “knowing me,” and put your hands on your heart when I say, “loving me.” Let's pray and talk to God.

God, thank You for making me (point to self) on purpose, for a purpose. Thank You for knowing me (point to head) and loving me (hands over heart). We love You. In Jesus' name, Amen.

Encourage the kids to hold their hands in front of them, with palms up, as if their hands are open to receive something. Tell them to listen and receive the blessing as you speak it over them.

Blessing: May you always remember that the God who is everywhere is also the God who created you on purpose, for a purpose. He delights in you and will guide you wherever you go.

Activity: In the Circle

SUPPLIES: floor tape, rope or jump rope, or round rug

Wonder Ink RESOURCES: music from the [Wonderfully Made Early Childhood Spotify playlist](#)

Use floor tape, rope or jump rope, or a round rug to make a circle on the floor. Invite the kids to stand around it.

I'm going to play some music. When the music stops, I'll call out a part of your bodies to place in the circle. If I say, "God made all of me!" then you can put your whole body in the circle and do a little dance.

Play music from the [Wonderfully Made Early Childhood Spotify playlist](#). Use the following prompts when you stop the song (or make up some of your own).

- Hands in
- Feet in
- Nose in
- Ears in
- Knees in
- Elbows in
- Head in