

Preschool

Activities

Day 1



Today's Bible Story

Jesus Calls His
Disciples Luke 5:1-11

Bottom Line

Jesus invites us
to follow Him.

Memory Verse

John 14:6 (NirV): "Jesus
answered, 'I am the way and
the truth and the life.'"

Activities Leader Guide Day 1

Kingdom Quest VBS

TOKENS

This year, our kids will participate in a Token Challenge! To recognize and encourage meaningful participation and positive behavior, we will be rewarding kids with tokens throughout VBS!

- Who is giving out tokens: All of our volunteers will receive tokens to reward kids as they catch them engaging well in VBS.
- What are we doing with the tokens: Kids will work together to reach an Overall Token Goal and receive a celebration on the last night of VBS! Tokens are used to reward kids for remarkable expressions of love, kindness, great listening, participation, and memorizing our Main Points and Bible verse!
- When are we passing out tokens: Immediately! We want to help kids connect their positive attitudes, behaviors, and participation with the reward of the token, so as soon as you see a behavior to celebrate, pass out the reward!
- Where are we getting tokens from: We will have tokens available for all volunteers at check-in each night. As we use up our stash, there will be designated spots to go to for more throughout the night.
- How do we distribute tokens: Our volunteers will keep their eyes and ears tuned in to our kids so they can immediately reward them with a token to celebrate what we want repeated! They will praise the specific behavior that earned the reward when we give them their token. For example:
 - Active engagement during each rotation
 - Invite kids to "Show Me What You Know!" and let them earn a token by sharing the memory verse, finishing the lyrics to a worship song, sharing today's "Main Point", etc.
 - Displays of the fruit of the spirit - love, joy, peace, patience, kindness, self-control, gentleness
 - Demonstrating good manners, listening attentively, and following instructions the first time they're asked
 - Being respectful to volunteers, peers, and the VBS environment.
- When do kids turn in their tokens: There will be buckets available at each rotation for kids to drop their tokens in. All tokens will be brought to the closing session and combined so we can see how we're progressing towards our goal each night!
- Remember, the goal of using tokens is to reinforce positive behaviors, encourage active participation, and create a fun and rewarding experience for all kids attending VBS. Thank you for your commitment to making VBS a memorable and impactful event!



Jesus is the Way

Activities

Bottom Line

Jesus invites us to follow Him.

What You Need

- 1–2 plastic crowns
- Dress-up items (mix and match):
- Capes (towels work great)
- Foam swords or pool noodles
- Shields (paper plates, frisbees, foam squares)
- Helmets or hats (optional)
- Basket or pile to hold all items

Welcome (1–2 minutes)

Welcome, Kingdom Quest adventurers! Today we learned about the moment Jesus called His first disciples. They were fishermen, and Jesus invited them to follow Him. Take a few moments to introduce kids to activities station and set expectations.

This week we are on a Kingdom Quest. We will follow Jesus and learn how He calls us, saves us, makes us new, and sends us. Today's Bottom Line is: **Jesus invites us to follow Him!** Repeat it with me: **Jesus invites us to follow Him!**

Game 1: Knight & King Dress-Up Relay (3–5 minutes)

How You Prepare

- Place all dress-up items in a pile at one end of the play area.
- Have kids line up at the opposite end.
- If you have a larger group, create 2 lines for quicker turns.

What You Do

- One child at a time runs to the dress-up pile.
- They quickly put on one or two items (keep it simple).
- Leader places the crown on their head to make them the "King."
- Child marches back to the group doing a silly "royal walk."
- Remove items and pass crown to the next player.
- Repeat until all kids have a turn.

What You Say

Knights, it's time to get ready for the Kingdom!

When it's your turn, run to the dress-up pile, put on your knight gear, and become the KING!

Then march back like a brave and silly king!

(Demonstrate a funny walk)

Everyone, let's cheer for our kings!

(After a few turns)

You are doing an amazing job! Today we are learning that Jesus invites us to follow Him. Just like you followed the directions in this game, we can follow Jesus every day!

What You Need

- Blue fabric or tablecloth (water)
- Foam fish or small toy fish (enough for all kids)
- Buckets, bowls, or baskets (1 per group or shared)
- Optional: small nets or cups

Game 2: Fishing for Followers (8-10 minutes)

How You Prepare

- Spread blue fabric on the ground as the "water"
- Scatter fish across the fabric
- Place buckets a short distance away (the "shore")

What You Do

Round 1: Catch the Fish

- Kids run to the water and grab one fish at a time
- Bring it back to their bucket

Round 2: Follow Me!

- Kids freeze while leader calls out ways to move
- Example: walk, hop, tiptoe to collect fish

Round 3: Listen Carefully

- Kids can only move when leader says: "Follow Me!"
- If leader gives a command without saying it, kids freeze

Round 4: Silly Fishing Challenge

- Call out fun actions:
 - "Catch a fish and spin!"
 - "Catch a fish and quack like a duck!"
 - "Catch a fish and walk backwards!"

What You Say:

In our Bible story today, Jesus' friends were fishing when He called them!

Let's go fishing! Grab one fish and bring it back to shore!

(After first round)

Now listen closely... you can only move when I say, 'Follow Me!'

(Play a round)

You are doing a great job listening and following!

(Silly round)

Let's make it FUN! Catch a fish and... spin around!

(Continue with energy and laughter)

Every time you listened and came when I said 'Follow Me,' you were practicing what the disciples did! And that reminds us—Jesus invites us to follow Him!

Preschool

Activities

Day 2



Today's Bible Story

Jesus walks on water
Matthew 14:22-33

Bottom Line

Jesus helps us
trust Him.

Memory Verse

John 14:6 (NIV): "Jesus
answered, 'I am the way and
the truth and the life.'"

Activities Leader Guide Day 2

Kingdom Quest VBS

Jesus Walks on Water

Activities

Bottom Line

Jesus helps us trust Him.

What You Need

- Blue fabric or tablecloth (water)
- Hula hoops (boat)
- Music (optional)

Welcome (1-2 minutes)

Welcome back, friends!

Yesterday we learned about the fisherman that Jesus invited them to follow Him. Our Bottom Line yesterday was: **Jesus invites us to follow Him.**

Today we are learning about the disciples on a boat during a storm, who saw Jesus walking on the water!

Peter even stepped out of the boat and walked on the water toward Jesus. But when he looked at the wind and waves instead of Jesus, he started to sink.

Jesus reached out and helped him.

Our Bottom Line today is: **Jesus helps us trust Him.**

Today's games will help us remember our memory verse and remind us that Jesus is the one we follow and trust.

Game 1: Walk on Water Freeze Dance (3-5 minutes)

How You Prepare

- Spread blue fabric around the play space as "water"
- Leave some "safe spots" (floor space) around the play area

What You Do:

- Kids move around the room while music plays
- When music stops, leader calls out either:
 - "WATER!" → kids must freeze standing on water (fabric)
 - "BOAT!" → kids freeze on safe/dry land (hoops)
- Add simple actions to keep it fun and active

What You Say:

Knights, today we heard about Jesus walking on water! That sounds impossible... but Jesus can do anything!

When the music plays, walk around like you're on a big adventure!

But listen carefully... when I say 'WATER,' you must freeze on the water!

When I say 'BOAT,' freeze on dry land!

What You Need

- Crown for the leader (King)
- floor markers or cones for start/finish line

Play a few rounds

Sometimes the disciples felt scared in the storm, but Jesus helped them trust Him.

Let's say our Bottom Line together: Jesus helps us trust Him!

Game 2: King, May I Follow? (3–5 minutes)

How You Prepare

- Have all kids line up on one side of the space
- Leader starts as the King on the opposite side

What You Do:

- The King calls out movement instructions (like Mother May I):
 - "Take 2 big steps forward!"
 - "Take 3 baby steps!"
 - "1 jump forward!"
- Before moving, kids must shout: **"King, may I follow?"**
- King responds: **"Yes, you may!"** and kids move
- If kids forget to ask, they stay in place
- At any point, the King pauses and calls out a Memory Verse phrase
 - All kids must stop, repeat the phrase, and do the motion
- When a child reaches the King, they become the new King and wear the crown
 - Game continues with new King
- Review the 3 memory verse motions before starting:
 - I am the WAY! (walk in place)
 - the TRUTH! (point up)
 - and the LIFE! (big jump)

What You Say:

Friends, it's time for another quest! In this game, I am the King, and you are trying to follow me!

I will tell you how to move, but you must ask first: 'King, may I follow?' If you forget to ask, you have to stay right where you are!

Let's practice! Everyone say: 'King, may I follow?' pause

Great! Now listen carefully!

Take 2 giant steps forward!

Wait for kids to ask

Yes, you may!

Continue with 2-3 more movements.

Freeze! Say this with me:

I am the WAY! (walk in place)

the TRUTH! (point up)

and the LIFE! (big jump)

Alternate between movements, trying to say the memory verse at least twice each round.

Repeat with newly appointed kings as long as time allows.

You did such a great job following the King!

In our memory verse, Jesus says, 'I am the way.' That means we follow Him!

And in our Bible story, Jesus helped Peter trust Him, even on the water.

Let's say our Bottom Line together: Jesus helps us trust Him!

Preschool

Activities

Day 3



Today's Bible Story

Jesus' Crucifixion and
Resurrection
Luke 23:32-45,55-56

Bottom Line

Because of Jesus,
I am saved.

Memory Verse

John 14:6 (NIV): "Jesus
answered, 'I am the way and
the truth and the life.'"



Small Group Leader Guide Day 3

Kingdom Quest VBS

Jesus' Crucifixion and Resurrection

Activities

Bottom Line

Because of Jesus, I am saved.

What You Need

- Parachute (1 for every 6-8 kids/rotation)
- 4 soft items per parachute (one for each truth):
 - **God Created** → stuffed animal or globe ball
 - **We Sinned** → dark ball or beanbag
 - **Jesus Saves** → small plush cross or heart
 - **We Choose** → bright ball or plush star
- Optional: tote bag or satchel for leaders to keep the items.

Welcome (1-2 minutes)

Welcome back!

Yesterday we learned that Jesus helps us trust Him when things feel scary. Who remembers our Bottom Line from yesterday? pause Our Bottom Line yesterday was: **Jesus help us trust Him.**

Today, we are learning some very important, Jesus has the greatest victory ever—His died on the cross for us, but then he rose again and He is Alive! Our Bottom Line for today is: **Because of Jesus, I am saved.** Let's say it together!

Because of Jesus, I am saved.

In today's story, Jesus did something amazing for everyone—He took our place, paid the price for our sins, and came back to life! That's the greatest thing anyone has ever done for us. Are you ready, to play?

Game 1: Parachute Rescue Story (3-5 minutes)

How You Prepare

- Designate a "leader" for each parachute you will be using.
- Keep 4 items close by, or have them in a tote or satchel for leaders.

What You Do:

- Have kids spread evenly around the parachute holding handles
- Leader walks through each Gospel truth one at a time
- Change the speed and energy to match each moment
- End with a big celebration

What You Say:

Friends, grab the parachute and hold on tight.

We are going to tell God's big story together.

Add the stuffed animal or globe.

First, God created everything.

He made the world, the animals, and you.

Say it with me. God created me.

Guide kids to gently bring the parachute up and down as they repeat "God created me" 2-3 times.

Great job! Now bring the parachute down and freeze!

Remove the first item and add the dark ball or bean bag.

But then, we sinned.

Sin is when we choose our way instead of God's way.

**Say this with me as we slowly stand and shake the parachute,
"We all sin."**

Guide kids to shake the parachute up and down as they repeat "We all sin" 2-3 times.

Now bring the parachute down and freeze!

Remove the second item and add the cross or heart.

But God had a plan. He sent His son, Jesus to save us.

Jesus died and came back to life to take our punishment.

**Now, let's move the parachute up and down and say with me,
"Jesus saves me."**

Guide kids to shake the parachute up and down, starting slowly and getting faster as they repeat "We all sin" 2-3 times.

Time to come back down and freeze!

Remove the third item and add the ball or star.

God loves us so much that He gives us a choice. We can choose to follow Jesus.

We're going to walk in a circle, while saying, "I can choose Jesus."

Guide kids to walk in a circle as they repeat "I can choose Jesus" 2-3 times.

Instruct kids to bring the parachute down a final time and add all 4 items.

Our Bottom Line today is: *Because of Jesus, I am saved.*

What You Need

- 1–2 plastic crowns
- Dress-up items (mix and match):
- Capes (towels work great)
- Foam swords or pool noodles
- Shields (paper plates, frisbees, foam squares)
- Helmets or hats (optional)
- Basket or pile to hold all items
- music

Jesus is alive and that is something we can celebrate!

Instruct kids to crouch low and stand up with the parachute as fast as they can. Repeat a few times saying the Bottom Line together:
Because of Jesus, I am saved.

Game 2: Follow the King Parade (3–5 minutes)

How You Prepare

- Set out knight/king dress up items so kids can choose.

What You Do:

- Leader wears crown and leads kids in movements
- Kids must follow exactly
- Add call-and-response moments tied to the Bottom Line
- Play upbeat music to keep it fun

What You Say:

Knights, it's time to follow the King!

Watch me and do what I do!

(Start simple)

- March
- Clap
- Spin
- Jump

Walk like you're carrying something heavy...

Now walk with joy... Jesus is alive!

When I say 'Because of Jesus,' you say 'I am saved!' Ready?

Leader: "Because of Jesus..."

Kids: "I am saved!"

Continue with movement + call/response.

You did an awesome job following the King!

Jesus is our King, and because of Him, we are saved.

Let's say it together one more time: Because of Jesus, I am saved!

Preschool

Activities

Day 4



Today's Bible Story

We are promised the Holy Spirit Acts 1:2-8

Bottom Line

The Holy Spirit helps us share about Jesus

Memory Verse

John 14:6 (NIV): "Jesus answered, 'I am the way and the truth and the life.'"

Small Group Leader Guide Day 4
Kingdom Quest VBS

We Are Promised the Holy Spirit

Activities

Bottom Line

The Holy Spirit helps us share about Jesus.

What You Need

- Quest Station Signs (2-3 set/station)
- baskets with foam or toy fish
 - optional: nets
- Blue fabric
- Tape or balance beam
- Fans
- Cones or markers for two lines
- Scarves
- Boxes, chairs, hula hoops
- "Tower" of boxes with prizes
- Upbeat music

Welcome (1-2 minutes)

We have made it to our final day of the quest!

Let's think back for a minute. On Day 1, we learned that **Jesus invites us to follow Him**. On Day 2, we learned that **Jesus helps us trust Him**. And yesterday, we learned something amazing—say it with me: **Because of Jesus, I am saved!**"

Today, we are learning about something Jesus promised His followers before He went back to heaven. He gave them a big mission—to go and tell others about Him. But He didn't expect them to do it alone, He sent the Holy Spirit!

This whole week, we've been on a quest to discover that Jesus is the way. He is the only way to God, and now we get to share that truth with others!

Today, we are ending our quest with a HUGE challenge—a Kingdom Quest obstacle course! You'll need teamwork, courage, and focus to complete it.

Kingdom Adventure (12-15 minutes)

How You Prepare

- Set up the course in 4–6 stations(two of each for two teams to complete simultaneously or three for larger groups):
 - **Fishing for Followers** - kids will carry fish from one line to the baskets
 - **Stormy Walk**- kids will walk across a balance beam/taped line while fans are blowing like a storm.
 - **Helping Hands**- kids will help each other jump across.
 - **Holy Spirit wind**- kids will march in a circle waving scarves like the wind.
 - **Castle Climb**- with boxes, chairs, and hoops leading to a prize tower.

What You Do:

- Leader walks the entire group through the course together
- Move station to station as one group
- Pause briefly at each station to explain and connect to the story
- Keep kids moving and engaged with simple instructions
- Celebrate at the end

What You Say:

It's time for our final Kingdom Quest. Are you ready?

This week, we learned that Jesus invites us to follow Him, helps us trust Him, and because of Him we are saved.

Today we learn that the Holy Spirit helps us share about Jesus. Let's go on our final quest. Follow me.

Station 1 – River of Faith

This is the River of Faith. Step on the rocks and do not touch the water. Sometimes trusting Jesus feels like taking careful steps. Say this with me as walk across the rocks: "Jesus helps us trust Him."

Station 2 – Stormy Walk

Now the storm is coming! Walk on the line and keep your balance.

The wind is strong, but do not fall.

Even in the storm, Jesus helps us trust Him. Say that as we walk, "Jesus helps us trust Him."

Station 3 – Helping Hands

Find a partner and hold hands.

Jump across together. Help each other.

Jesus saves us, and we can help others know Him too. Say it with me, "Because of Jesus, I am saved."

Station 4 – Holy Spirit Wind

Grab a scarf and walk in a circle.

Wave it high like the wind.

The Holy Spirit is like the wind. We cannot see Him, but He gives us power.

Say it with me. The Holy Spirit helps us share about Jesus.

Station 5 – Castle Climb

Climb over, under, and through to reach the castle!

Keep going. You are almost there.

You are on a mission. You are sent.

This week, we learned that the way to God's Kingdom is Jesus!

You made it to the castle. Great job, knights.

God has given you a mission to share about Jesus. And you are not alone.

Say this with me: Jesus is the WAY!