



Kids Club

Leader Guide

Feb
Week 3

Feb. 15, 2026



Series Overview

The Church - This series will teach kids about what church is and the role each of us plays in it. It begins by helping kids understand that the church is not a building but the people of God. Then, they'll discover how God's love works through the church and that they, too, have a special purpose within the body of Christ. Lastly, they'll learn the importance of gathering together regularly for worship and encouragement. We are the church!

Lesson Overview

Sometimes, it feels like only certain people are important in the church. We see people on stage or leading a group, and we assume that they are more important than we are. But in reality, God designed His church like a body. We are one thing made up of many parts with many different functions. In this lesson, kids will realize that each of us has a purpose in the body of Christ.

Lesson 2:

One Body, Many Parts – 1 Corinthians 12:12-26

Bottom Line:

Everyone matters in God's church, and everyone has an important role.

Memory Verse (Series):

And let us not give up meeting together. Some are in the habit of doing this. Instead, let us encourage one another with words of hope. Let us do this even more as you see Christ's return approaching. Hebrews 10:25 (NIV)

Schedule

1. Welcome & Connection (10 minutes)

Kids check in, play together, and connect with leaders. Encourage older kids to include younger ones. Give prompts for questions the teacher can ask to build relationships. Lessons 2-4: review the previous lesson's take home challenge.

2. Group Gather & Bible Focus (10 minutes)

Short lesson with Scripture and discussion. This should be very engaging, with lots of opportunity for movement and kids participating.

3. Review & Practice (10 minutes)

Practice engaging with Scripture from lesson and series memory verse.

4. Prayer & Worship Practice (5 minutes)

Practice prayer or worship together. Choose a prayer activity or type of spiritual practice/worship to engage in together. Should be quiet and reflective.

5. Group Activity or Project (10 minutes)

Reinforce the truth that God has a plan through creative, hands-on fun and meaningful discussion. Ideally kids are working in pairs or groups. Either a game, craft, or other activity.

6. Wrap-Up & Structured Free Play (10 minutes)

Review the main point, play together, and give a take-home challenge.

SUPPLIES

1. Welcome & Connection

- Items for structured free play
- Name cards or blank paper with markers
- Optional: small basket of neutral items for icebreaker

2. Group Gather & Bible Focus

- Bible
- Optional prop: small toy or picture of a sports team (to illustrate team analogy)

3. Review & Practice

- **Body Parts Cards** (1 set/3-4 kids)
- Writing utensils
- Coloring utensils

4. Prayer & Worship Practice

- none

5. Group Activity

- Prepared Role cards (Helper, Listener, Teacher, Encourager, Friend, Worshiper, Prayer Leader)
- Prepared Description cards (match the roles with their functions)

Welcome & Connection (10 min)

As kids arrive, invite them into free play (coloring, games, playdoh, Legos, etc.). Actively coach older kids to notice younger kids and invite them into what they are doing. Play upbeat worship music as kids play/create.

Welcome, friends. I am so glad you are here today. As you play, remember what we talked about last week. The church works together to help those in need. Helping others is one way we live out our faith together. Today, we are learning something new about how the church works. We are going to learn that everyone matters in God's church, and everyone has an important role.

Connection Prompts:

- What is something you are really good at doing?
- What is something that feels hard for you but easy for someone else?
- Why do you think teams work better when everyone does different things?
- How do you feel when someone notices you or includes you?
- Do you think kids can have an important role in the church? Why or why not?

Give a two minute warning before transition.

Group Gather & Bible Focus (10 min)

Have kids sit in a circle.

Bring out one simple prop: a paper body outline or a large sheet of paper with a body drawn on it.

How many of you have ever been part of a team?

Allow several kids to respond.

What kind of team was it? A sports team, a school group, a club, or something else?

Pause briefly.

A team is a group of people working together toward the same goal.

Most teams wear the same uniform and practice together. They win together and lose together.

But here is something important. Even though they are on the same team, they do not all do the same job.

Invite kids to stand up.

If you have ever played a sport, show me with your body what position you played.

Let kids act it out for a few seconds.

Some people throw. Some people run. Some people block. Some people cheer. Every part matters, even though the jobs are different.

Invite kids to sit back down. Hold up the body outline.

God says His church works like a body. A body is one thing, but it has many parts.

Invite kids to touch different body parts as you call them out.

- Touch your head.
- Touch your hands.
- Touch your feet.

Your body needs all of these parts to work well. If one part stopped working, the whole body would struggle.

The Bible tells us that God designed the church the same way. Let's listen to what God says about this.

Read 1 Corinthians 12:12.

God says we are one body, even though we have many parts. That means the church is not just one kind of person.

Invite kids to whisper to a neighbor one thing they are good at.

- Some people teach.
- Some people help.
- Some people pray.
- Some people encourage.

Even kids have important roles in God's church.

Invite kids to stand again.

If you think your hands are important, wiggle your fingers.

If you think your feet are important, stomp gently.

If you think your mouth is important, smile big.

Pause and smile.

What would happen if your body only had hands?

Let kids answer briefly.

It would not work very well.

God did not design His church so only one kind of person matters.

Read 1 Corinthians 12:18 out loud.

God chose where each part should be. That was on purpose.

That means God put you in His church on purpose.

Place your hand over your heart.

You are not extra.

You are not too small.

You are not unimportant.

You matter in God's church.

Invite kids to place one hand on their heart and one hand out.

Everyone matters in God's church, and everyone has an important role.

Have kids repeat it together once.

As we keep going today, we are going to practice working together the way God designed His church to work.

Review & Practice (10 min)

Body Parts Relay

Divide kids into groups of 3-4, with mixed ages.

We just heard how God says the church is like a body with many parts.

Now each group is going to build a body together.

Point to the cards placed around the room.

Around the room, you will find cards. Each card shows a different body part. By itself, it is not a whole body. But when all the parts are put together, the body can work together to accomplish a lot. That is how God designed His church.

Younger kids, your job is to run, grab one card at a time, and bring it back to your group.

Your team will work together to get all 6 body part cards you need.

Older kids, you will then write or draw on each card how that body part helps the whole body.

Talk together as a group for ideas. Younger kids can help color and decorate your cards.

Walk around the groups. Offer suggestions and help as needed. Some suggestions:

- Eye- Helps the body see what is needed. People in the church notice when someone needs help.
- Ear- Helps the body listen. People in the church listen and care about others.
- Hand - Helps the body serve and help. People in the church help, give, and serve.
- Foot - Helps the body go where it is needed. People in the church show up and take action.
- Mouth - Helps the body speak. People in the church teach, pray, and encourage.
- Heart - Helps the body love and stay alive. Love connects the whole church together.

God did not design His church so only one kind of person matters.

Everyone matters in God's church, and everyone has an important role.

Say it with me: Everyone matters in God's church, and everyone has an important role..

Memory Verse Movement Circle

Instruct kids to stand in one large circle.

Our memory verse reminds us why the church gathers together.

We meet to encourage one another and stay connected.

We are going to learn this verse using our bodies, just like we learned the church is a body.

Teach the verse one phrase at a time with motions:

- "And let us not give up meeting together" → Have kids step closer into the circle.
- "Some are in the habit of doing this" → Have kids shake their heads gently.
- "Instead, let us encourage one another with words of hope" → Have kids give a thumbs up or pat their heart.
- "Let us do this even more" → Have kids raise their hands higher each time.
- "As you see Christ's return approaching" → Have kids point upward.

Repeat the verse together two or three times, gradually lowering your voice until the last round is whispered.

We need each other to remember God's Word.

Just like a body works best together, God's church grows best together.

Prayer & Worship Practice (5 min)

Prayer Activity: We Pray for Each Other

Invite kids to sit in a close circle. Lower the music or turn it off.

God made the church like a body, and every part of the body matters.

We are going to practice noticing how each person matters by sharing a "Prayer Chain."

Here's how it works:

Let's link our arms together like a chain. One person will start by saying the name of someone they want to pray for and one short prayer for that person.

Then, the next person adds a short prayer for someone else, and so on, until everyone has had a turn.

Older kids, help younger kids know when it's their turn and model short, simple prayers.

If you are not sure what to say, you can simply ask God to help, thank Him, or ask Him to bless someone.

Start the chain. Walk around and encourage calm, focused participation. Suggest short prayers for kids who are struggling to repeat after you.

After everyone has prayed:

Let's all take a moment to lift our hands and thank God for making us part of His church. God, thank You for making us one church. Thank You for showing us that everyone matters and has an important role. Help us to notice the needs of others this week and use our gifts to love and encourage them. Amen.

Notice how the prayer chain worked because everyone participated.

Just like in God's church, every person's part is important and meaningful!

Group Activity or Project (10 minutes)

Prayer Activity: Church Role Match-Up

Ahead of time, prepare role cards (can be slips of paper or index cards). Each card has a church role or function (e.g., Helper, Listener, Teacher, Encourager, Friend, Worshiper, Prayer Leader). Additionally, prepare Description cards to match what each role does (e.g., "Shares God's love with others," "Prays for people who need help," "Listens carefully to friends").

We've been learning that everyone matters in God's church and everyone has an important role. Now we're going to play a game to practice remembering some of those roles!

Give half the kids a “role card” and the other half a “description card.”

Kids must find their matching partner.

- Younger kids can run and find an older kid if they are stuck.
- Older kids help guide younger kids to match the role to the correct description.

Once everyone is matched, each pair shares with the group what the role is and why it matters in God’s church.

Play 2–3 rounds, mixing up roles and descriptions each time.

Optional twist for extra energy: After matching, pairs act out their role briefly for the group (e.g., “Helping” could be pretending to pass out snacks, “Listening” could be cupping an ear and nodding).

After the game, gather kids together.

Look at all the roles we acted out. Do you see a pattern?

Everyone’s role is important. Every part of the church matters.

Say it with me: Everyone matters in God’s church, and everyone has an important role.

Wrap-Up & Structured Free Play (10 min)

As kids arrive, invite them into free play(coloring, games, playdoh, Legos, etc.). Actively coach older kids to notice younger kids and invite them into what they are doing. Play upbeat worship music as kids play/create.

Today we learned something really important about God’s church.

The church is like a body. Every part is important, and God gave each of us a special role to play.

Even if our roles are different, the church works best when everyone participates.

Suggested Discussion Questions:

- What is one way you can help in God’s church this week?
- Why do you think every role matters in the church?
- Who is someone you could encourage or serve this week?

Bottom Line Review:

Have kids say together: **Everyone matters in God’s church, and everyone has an important role..**

Weekly Challenge:

This week, try to notice someone who needs help or encouragement.
Do one small thing to support or encourage them, and see how it makes a difference.

Closing Prayer:

God, thank You for making us part of Your church.
Thank You that every person matters and has a role to play.
Help us to use the gifts You have given us to encourage, serve, and love others this week. Amen.

Optional Closing Game: Role Call Freeze

Have kids stand in a large circle or spread out in the room.

Call out a church role (like Helper, Listener, Teacher, Friend, Worshiper, or Prayer Leader).

Kids must act out that role in place—helping, listening, singing, or pretending to pray.

When you say “Freeze!” everyone must stop in their pose until you call the next role.

Encourage creativity and laughter, and remind kids that every role is important.

End with everyone striking a final “church body” pose together to celebrate how every part matters.

