



# Kids Club

Leader Guide

Jan

Week 2



# Spiritual Habits

## Series Overview

This series will teach kids the importance of spending time with God while giving them practical ways to do so. First, we will start with God's Word, learning how the Bible reveals God's heart and ways to us. Next, we will learn about growing in God with other godly people and how we can build each other up in Jesus. We will then learn about prayer, how Jesus prayed to His Father constantly, and how we can do the same. Finally, we will learn how Jesus served us, and when we serve others, we find new ways to understand God's heart.

# Lesson Overview

Today's lesson is all about growing closer to God through fellowship with other godly people. Kids will discover that the friends they choose can either encourage them to grow closer to God or pull them away from Him. Today's lesson emphasizes how spending time with godly friends can strengthen their faith and help them build a lasting friendship with God.

## **Lesson 2:**

God Is With Us Through Godly Friends – Proverbs 13:20, Acts 2:42

## **Bottom Line:**

I can grow closer to God with other friends of God.

## **Memory Verse (Series):**

"I have hidden your word in my heart, that I might not sin against you." Psalm 119:11 (NLT)

## Schedule

### **1. Welcome & Connection (10 minutes)**

Kids check in, play together, and connect with leaders. Encourage older kids to include younger ones. Give prompts for questions the teacher can ask to build relationships. Lessons 2-4: review the previous lesson's take home challenge.

### **2. Group Gather & Bible Focus (10 minutes)**

Short lesson with Scripture and discussion. This should be very engaging, with lots of opportunity for movement and kids participating.

### **3. Review & Practice (10 minutes)**

Empower older kids to lead and model spiritual habits while everyone practices engaging with Scripture.

### **4. Prayer & Worship Practice (5 minutes)**

Practice prayer or worship together. Choose a prayer activity or type of spiritual practice/worship to engage in together. Should be quiet and reflective.

### **5. Group Activity or Project (10 minutes)**

Reinforce the truth that God has a plan through creative, hands-on fun and meaningful discussion. Ideally kids are working in pairs or groups. Either a game, craft, or other activity.

### **6. Wrap-Up & Structured Free Play (10 minutes)**

Review the main point, play together, and give a take-home challenge.

# SUPPLIES

1. Welcome & Connection
  - Items for structured free play
2. Group Gather & Bible Focus
  - Bibles
  - Large building blocks
3. Review & Practice
  - Open space in the room
4. Prayer & Worship Practice
  - None
5. Group Activity
  - Washable paint
  - Paper plates
  - White paper
  - Tablecloths
  - Wet wipes
  - Music source

# Welcome & Connection (10 min)

*As kids arrive, invite them into free play (coloring, games, playdoh, Legos, etc.). Actively coach older kids to notice younger kids and invite them into what they are doing. Play upbeat worship music as kids play/create.*

## **Connection Prompts:**

- What was your favorite part of RBKids in first service?
- What is one game you like to play with friends?
- Who helped you this week?
- Did anyone try last week's take home challenge and read the Bible with someone?

*Give a two minute warning before transition.*

# Group Gather & Bible Focus (10 min)

*Have kids gather in a circle or seated area.*

**"Last week, we learned that God gave us His Word to teach us what is true and to help us know His heart. We learned that we can spend time with God in the Bible.**

**Today, we are learning something new. God does not want us to grow alone. He wants us to grow with other people who love Him.**

**The Bible talks about this in a lot of places. We are going to read two verses that show us why godly friends matter.**

*Read Proverbs 13:20 out loud together.*

**This verse says that when you walk with wise people, you become wise too. Wisdom means knowing what is right and making good choices. Wisdom comes from God.**

**When you spend time with people who love God and know what is true, they help you grow closer to Him.**

**But the verse also says that spending time with foolish people can get you into trouble.**

**Think about a time you had to work with someone else. Was it easier or harder when you worked together?**

*Connect responses to walking together and supporting each other.*

**Now we are going to read about the very first Christians.**

Read Acts 2:42 out loud.

These believers spent time together learning God's Word, eating together, praying together, and helping each other. They grew closer to God because they did life together.

They learned what we are learning today: **I can grow closer to God with other friends of God.**"

### **Object Lesson: Building Together**

Bring out large building blocks. Choose three volunteers. Huddle together and tell them their parts (Child 1 builds, Child 2 knocks it down, Child 3 helps rebuild).

"This friend is growing with God and trying to make good choices.

Have Child 1 begin building a tower.

Now imagine this friend starts spending time with someone who does not care about making good choices.

Bring in Child 2 to knock blocks down and cause trouble.

Uh oh. Things are falling apart. That is what happens when we spend time with people who pull us away from God.

Have Child 2 step away. Bring in Child 3 to help rebuild.

This friend loves God and wants to help. Look at how strong and beautiful the tower becomes when they work together.

That is what godly friends do. They help us grow.

Remember, our bottom line today is:

**I can grow closer to God with other friends of God."**

## **Review & Practice (10 min)**

### **Scripture Review Game: Walk With the Wise**

Divide kids into mixed age groups of four to five. Assign one older kid as the Team Leader.

Choose a Team Leader to read Proverbs 13:20 aloud.

"Today we have been talking about wise and foolish choices. Team Leaders, your job is to help your group work together to decide if these choices are wise or foolish and lead your group to the correct side of the room."

Call out one of the following actions. Teams must move together to the correct side of the room.

- Wise choice side
- Foolish choice side

Call out scenarios such as:

- Telling the truth
- Cheating to win
- Helping a friend who is sad
- Ignoring someone who needs help
- Inviting someone to play who is left out
- Making fun of someone to get laughs
- Sharing something when you do not have to
- Lying to avoid getting in trouble

# Prayer & Worship Practice (5 min)

## **Prayer Activity: Prayer Circles**

*Have kids remain in their mixed age groups. Everyone sits in a small circle on the floor.*

**“Prayer is one of the ways God helps us grow together. Today, we are going to pray for each other. Team Leaders, you will start for your group. Prayer does not have to be long or fancy. God hears us when we pray, even when we only say a few words.**

Instructions:

- Ask each group to sit in a tight circle with hands resting in their laps.
- The Team Leader starts by quietly saying the name of the person to their left in the circle and one short prayer for them.
  - Example: “God, thank You for Emma. Help her grow closer to You.”
- Move around the circle one person at a time.
- Younger kids can simply thank God for their friend. Older kids can add a short prayer if they want.
- No one is forced to speak. Kids may pass quietly by saying “pass.”

*Remind kids that there are no wrong prayers. Encourage soft voices, calm bodies, and listening ears. If someone gets stuck, Team Leaders can gently help by offering a simple example.*

*When the circle finishes, pause for a few quiet seconds. Then close with a short prayer thanking God for friends who help us grow closer to Him and for listening when we pray together.*

# Group Activity or Project (10 min)

## Activity: Paint Handshake

Cover tables with tablecloths. Place paper at each spot, one per kid.

“When we spend time with godly friends, good things spread between us.

Explain rules clearly:

- Choose one paint color
- Be gentle
- Paint stays on hands and paper only

Play fun music while kids walk around and shake hands. Stop music and have kids press handprints onto paper.

You started with one color, but now you have many. That is what happens when we grow with other friends of God!”

# Wrap-Up & Structured Free Play (10 min)

As kids arrive, invite them into free play(coloring, games, playdoh, Legos, etc.). Actively coach older kids to notice younger kids and invite them into what they are doing. Play upbeat worship music as kids play/create.

## Suggested Discussion Questions:

- What might happen if you spend time with a fool?
- What could happen if you spend time with godly friends?
- What are some ways you enjoy spending time with your friends?
- How can you help your friends grow in God?

## Bottom Line Review:

Have kids say together: *“I can grow closer to God with other friends of God.”*

## Weekly Challenge:

“This week, spend time with a friend who loves God. Pray together, read a Bible verse together, or encourage each other.”

## Closing Prayer

Thank God for our friends who love God and who help us make wise choices.

## Optional Closing Game: Telephone

Kids form a line or small groups. One child whispers a simple phrase like:

- God loves me
- God’s Word is true

The last person says it out loud. Keep phrases short for younger kids.