



Real Talk Part 4 RECAP

*“It is with the tongue that we bless others—and destroy them.
May we always use it as an instrument of grace.”*

(Dietrich Bonhoeffer)

BIG IDEA

We open the door to God’s gospel power in our relationships when we choose to **build one another up** with our words.

PASSAGES

Ephesians 4:20-32

STEP OF OBEDIENCE

Gospel transformation isn’t just theological—it’s relational and verbal. The way we speak has **real spiritual consequences**: we grieve the Spirit OR invite His grace into our relationships. Christlike communication is truth-filled, grace-saturated, and thoughtful.

Possible Next Steps of Faith

1. Ask God to highlight one person this week to **intentionally encourage** with words that speak to their “new self.” Then do it, either through a text or hand-written card.
2. Write out Ephesians 4:29 or Proverbs 18:21 (or a similar verse) and **meditate on it daily**. Let it recalibrate how you speak to others.