



Kids Club

Leader Guide

June

Week 1

June 1, 2025



SUPPLIES

Lesson Supplies:

- Bibles 1/kid
- [Lesson Pictures](#)

Opening Game: Here's My Love

- Papers
- Writing utensils
- Masking tape/painters tape



Fruit of the Spirit Part 1

Series Overview

This series will introduce and familiarize us with the fruit of the Holy Spirit. We'll grow to understand what the Holy Spirit produces in our lives when we choose to follow Jesus. We'll take a path to learn about each of the nine fruits described in Galatians 5:22-23, with supporting scripture to show how Jesus embodied each. This series will build us toward walking in the fruit of the Spirit in our lives just like Jesus did.

Lesson Overview

Lesson One drops us right into exploring love and love for one another. Love is the first fruit of the Spirit mentioned in Galatians 5:22. We get introduced to the fruit of the Spirit in this first lesson by comparing it with the fruit of sin. We discover that the Holy Spirit leads us to show love to one another.

Lesson 1



**Lesson 1:
Love**



**Bible Verses:
1 John 4:11, Galatians 5:22-23**



Memory Verse: "But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!" Galatians 5:22-23



Bottom Line
The Holy Spirit leads us to show love to one another.

Teacher Note:

* : Indicates directions for the teacher

Prep: Indicates what needs to be prepared prior to the teaching

OPENING GAME

"Here's My Love"

How to Play:

Begin by providing children with two to three pieces of paper and something to write with. Next, guide children to write one act of love on each. You can provide examples if they need more guidance.

Examples include sharing with someone, holding the door open for someone, praying for someone, saying I love you, and so on. Next, children will crumble these papers into balls.

Now, by applying tape on the floor, divide the room into two. Split the children into two teams. Each team should place themselves on opposite sides of the tape. When children are ready to begin, start a timer for one minute. When the timer begins, children will throw their "love" (the paper balls) across the line. Teams will do this until the timer stops. The team with the least amount of paper on their side wins. You can play multiple rounds.

SAY: Hey guys! We are going to play a game called, "Here's my love." Today we are talking all about loving one another. This game is a way to introduce our lesson about the fruit of the Spirit we're learning about today – love. I'm going to give you paper to write some ways we can love others. Then we will crumble these into balls to play our game.

*Hand out supplies, and allow time for children to write and then make paper balls. At this time, apply tape to the floor.

Now, to play this game, we are going to need teams. Let's split into teams now.

*Split children into teams.

This game will help us see who can send the most love to the other team. The goal of the game is to get all the love on the opposing team's side without crossing this line. You can throw these paper balls, kick them, or do whatever you need to to get them over the line. You have one minute. Let's see which team loves the most. Ready ... get set ... go!

*Set the timer for one minute, then stop the game. Count the paper balls and keep score. Play as many rounds as you want, but stop while the kids are still having fun.

LARGE GROUP TEACHING

SAY: Today, we're hopping right into our brand-new series all about the fruit of the Holy Spirit.

But first, I have a question for you guys!

ASK: What do you call a piece of art made by a fruit?

**Answer: A master-peach!*

SAY: Each week I'll share some fruit jokes, riddles, and puns. This is how we will open up our lesson.

Anyway, let's get into talking about the fruit of the Spirit.

First things first: I want to be clear that when we talk about the fruit of the Spirit, we aren't actually talking about an apple or a banana or a pear filled with the Holy Spirit.

No, that'd be absolutely crazy!

We are talking about the evidence of the Holy Spirit living in us.

These fruits of the Spirit are the things that come from walking with the Holy Spirit – things like actions we take that honor God or personality traits that come out in us as we follow God.

As we follow God, our faith should grow kind of like a plant, and then our lives should start to look more and more like the list of fruits that we are going to be learning about.

Next, I want to explain that the Holy Spirit is our gift from God. The Holy Spirit lives inside our hearts to help us.

Here are some questions we are going to tackle in this series:

- What are the different parts of the fruit of the Spirit?
- What do the different fruits of the Spirit look like?
- How do the different fruits of the Spirit affect our lives as believers?
- What does it look like to have these different fruits of the Spirit?

ASK: Are you ready to get into this?

We must look at **Galatians 5** when talking about the fruit of the Holy Spirit, because that is where we are told what they are.

Let's read Galatians 5:22-23.

***Read Galatians 5:22-23**

"But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!"

Just before these verses in the Bible, Paul, the man of God who is writing about this, first describes the fruit of walking by the flesh, or our sin nature.

He tells us the evidence we are living by our sin are things like selfishness, jealousy, and other messiness we get from our sin.

The fruit of walking by our sin is completely opposite of the fruit of walking by the Holy Spirit.

To show you what I mean, let's look at the example of selfishness in that "living by sin" list. Selfishness is when we only think to do things for ourselves.

That's the opposite of love, which is the fruit of the Spirit we are going to be talking about today.

Let's start by reading **1 John 4:11**.

***Read 1 John 4:11:**

"Dear friends, since God so loved us, we also ought to love one another."

SAY: This verse is great because we are given an instruction from God – to love one another – but we also get the reason for why we should obey that instruction – because God loves us so much!

God shows us how to love.

The Bible also talks about how we are supposed to love others even more than ourselves.

We are told in the Bible to be loving, because love is evidence that the Holy Spirit is living inside us. It's proof that we know Jesus' love for us.

When we understand the huge amount of love God has for each one of us, then we can love others like He wants us to.

There's so much love from God it overflows!

SAY: The Holy Spirit is our helper who teaches us, guides us, and corrects us. In fact, the Holy Spirit leads us to love others.

Now, let's try to imagine this. Look at this picture.

**Show Picture 1: ripe apple*

Here we have this piece of fruit.

Let's imagine that this fruit represents me showing love toward others the way that God tells me to in **Galatians 5:22** in that list of the fruit of the Spirit and in **1 John 4:11**, the verse we just read.

ASK: Who remembers some of the ways a person can show love to someone else that we wrote down in our game?

**Allow the children to share some of those examples.*

SAY: Those are all great ideas! And just like we shared those acts of love with the other team in our game, we are meant to show love to others in our daily lives.

In fact, love is just like this apple you see on the screen – it's perfect for sharing with others! Now,

let's imagine for a minute that God gives us a basket of apples.

The apples represent all the ways we can show love to others – just like the paper balls in our game represented ways we could show love to others.

When we are unloving, it's like handing out bruised apples, more bruised apples, or maybe even rotten apples.

Let's see what that looks like.

Let's say I call my mom a mean name.

**Show Picture 2 – the bruised apple*

That apple doesn't look good for sharing!

Okay, now say I don't share my favorite toy with my brother or sister.

**Show Picture 3 – the more bruised apple*

Oh man, another bruise. That apple looks even worse for sharing with others.

Okay, well now say I lie to my parents.

**Show Picture 4– the rotten apple*

Oh no. This fruit is so damaged, it's ruined!

God tells us to be loving – and in this example where the apples represent ways we show love to others, it's like God wants us to share lots of good apples with people!

**Show Picture 1– the ripe apple*

If you hand someone a good apple, it's tasty and it's good for them and it makes them feel great. (Assuming they like apples ... we are just using this as an example, after all!)

Here are some examples I thought of that are really loving and would be like the good apples.

Let's say I help my dad carry his groceries inside the house because I love him.

Or I help my mom do the dishes at home because I love her.

Or maybe I show kindness to my friends by complimenting them because I love them.

**Pause and stare at the picture.*

Interesting! All of those examples are like this apple – no bruises. These examples are loving actions we take.

This good apple in the picture represents all the acts of love that we do for others. They are good to share! They represent God's loving nature best.

***Show Bottom Line Poster**

The Holy Spirit leads us to show love to one another.

The Holy Spirit leads us to love others so we can show the love of God.

This is God's desire. He wants us to love others above ourselves.

**Read Galatians 5:22-23*

"But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!"

Today and every day this week, I want you to practice showing love to others using the great examples you thought up all through this lesson.

And if you're having trouble knowing what to do to show love to others, pray and ask God to help you!

God gave us His Holy Spirit to be our helper, and He wants to help us love each other better!

SMALL GROUP TIME:

Memory Verse

"But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!" Galatians 5:22-23

**Recite the memory verse while using the hand motions with children. Encourage children to keep practicing at home!*

SAY: This month our memory verse is **Galatians 5:22-23**. Let's say it together, and introduce some hand motions. Repeat after me:

Leader Says: But the fruit of the Spirit

- *Point both pointer fingers up, like you're pointing to heaven*

Kids Say: But the fruit of the Spirit

Leader Says: produces this kind

- *Put both hands on hips*

Kids Say: produces this kind

Leader Says: of fruit in our lives

- *Cup both hands in front of you together like you're holding fruit*

Kids Say: of fruit in our lives

Leader Says: love, joy, peace, patience

- *For love, cross arms over your chest*
- *For joy, smile really big and point with your pointer fingers to your smile*
- *For peace, make a peace sign with your fingers*
- *For patience, tap your wrist like you're tapping a watch*

Kids Say: love, joy, peace, patience

Leader Says: kindness, goodness, faithfulness

- *For kindness, reach up and pat yourself on the back*
- *For goodness, make a circle above your head like a halo*
- *For faithfulness, put your hands together like you're praying*

Kids Say: kindness, goodness, faithfulness

Leader Says: gentleness and self-control

- For gentleness, pretend to rock a baby in your arms
- For self-control, put one hand up like you're indicating "stop" to someone

Kids Say: gentleness and self-control

Leader Says: There is no law against these things

- Put one finger up and wiggle it back and forth

Kids Say: There is no law against these things

Leader Says: Galatians 5:22-23

- Put both hands in front you like mimicking an open book

Kids Say: Galatians 5:22-23

SAY: Great job! We will repeat this for the next few weeks so you'll have time to practice it again.

Making Connections

SAY: Our lesson today was all about love and how we should love one another. This is important because God tells us to do this. We can only love others because God first loved us. God is the reason for love. If we didn't know that God loves us, or if we didn't know what it looks like to show love like God does, then we wouldn't know what love even is. We can only know what love is because God shows us what love is. When we understand the love of God, we can better love one another. To walk in the fruit of the Spirit of love is to be kind, to serve others, and to care for others.

Discussion Questions:

1. We talked today about how God wants us to love others. How do we know that God wants us to love others? (The Holy Spirit leads us in love, the Bible says so, God loves us so we can love others too, etc.)
2. What are some examples of how you can show love to others? (Ex. Tell them "I love you," share with someone, or help someone)
3. What are some examples of times when it might be hard to show love to others? (Ex: when my sibling is being mean to me, when I'm angry)
4. You just gave some examples of hard times to be loving. When we want to be loving, what can we do in these times to show that love? (Ex: when my sibling is being mean, choose to be kind; when I'm angry, take some deep breaths and don't let my anger get the best of me)

Group Activity: Love Story

SAY: Now speaking of love, I'm going to challenge you guys with a task. Can you guys tell me a story about love or loving another person? Does this sound too easy? Well, here comes the challenge. You are going to make a story, sentence by sentence. So everyone is only allowed to say one sentence at a time. We will gather in a circle, and go around with everyone adding one sentence to this story about love until the end. I'll kick it off:

Once upon a time two friends went to church ...

**Have kids gather in a circle and go around adding one sentence at a time to the story.*