

## Supplies Needed:

- YouTube Video (script provided if no video access): Douglas Talks -Kindness - The Fruit of the Spirit: <u>https://youtu.be/3FTiWQ9lhnw?si=RUQq9hytyWIxCiLl</u>
- 2. White board/marker for leader to play "guess the word"
- 3. Role play scenarios (cut into strips so kids can pick one)
- 4. Blank paper to add your own role play scenarios
- 5. Container to mix up the role play scenarios

# Suggested Schedule:

5 minutes - Pick up kids/kids arrive - bathroom, wash hands, water break 20 minutes - Snack, Games, Prayer/Devotion, Quality Time, Clean-up 30-40 minutes - RBKids Lesson & Prayer 10-15 minutes - Free time, Clean-up and Dismissal

## Today's Focus: Kindness!

Weekly Verse: Proverbs 11:17

"Your kindness will reward you, but your cruelty will destroy you."

**Rock Bridge Mission:** We exist to glorify God by connecting people from all walks of life to life in Christ. We know that when we Love God, Love Others, and Live Sent we can accomplish our mission! *When we are kind to others, it honors God and honors other people!* 

**Prayer:** God, thank you that your Word teaches us how to love people well. Please forgive us for all the ways we have been unkind and help us to see every person as your child. May we treat people the way we want to be treated. In Jesus' name we pray, Amen. **Try this:** Introduce the word "kindness" through a "fill in the blanks by guessing the letters type of game", give hints as needed. You can also have them guess the book of the Bible our memory verse will come from today (Proverbs).

## Read this: Proverbs 3:3-6

Right before the very popular verse, "Trust in the Lord with all your heart. . ." is one that is the key to kindness and growing the reputation God wants you to have. The Bible says, "Never let loyalty and kindness leave you . . . then you will find favor and you will earn a good reputation."

There's nothing wrong with the desire to be liked. We all want to be known and loved. But when our desire to be popular causes us to make bad choices, it's just not worth it. In this passage, we can see that God's way of loyalty and kindness will bring about the right kind of popularity – the kind that leads to a good reputation among friends and leaders.

In verses 5 and 6 we read that trusting God will always lead us down the best path. When we're confident in who God made us to be, we can trust Him with our lives. Even though choosing kindness may not be "popular" in the moment, the Bible promises it will always lead to our best reputation and the best outcome.

**Watch this:** (If you can, play the "Douglas Talks: Kindness - The Fruit of the Spirit" video)

**Talk about this:** Kindness is being nice to other people even if they can't give you anything back. God is very clear about how we should treat other people. If we treat others the way God tells us to, we will show others kindness.

### **Questions to chat through:**

• What are some examples of people demonstrating kindness? (Highlight that even though there is a lot of sin in the world, we do see kindness all around when we choose to pay attention)

- Can you think of someone in your life that stands out as being very kind? (God gives us people around us who are imitating Him, we should learn from them.)
- What are some ways you personally remember showing kindness to someone? (We are all responsible for showing kindness in this world)
- What makes it hard for you to even want to show kindness especially since you know it's the right thing to do? (Please share some honest, age-appropriate examples with the kids. It is always helpful for them to hear how we depend on God through our own personal struggles with showing kindness to others).
- What is the difference between *being* kind and *acting* kind? (Highlight that anyone can do a single random act of kindness. This lesson is really about our heart. Are we checking to see if our actions line up with what we know God wants us to do? You can also distinguish between Biblical kindness and secular kindness: Biblical kindness is about doing what is right, even when it's hard. It's about going the extra mile and being there for people, no matter what. Biblical kindness is always rooted in love. Secular kindness is often based on tolerance. It's "being nice" to people regardless of how you feel about them.)

\*\*Note: It is always helpful to remind your kids that when we say yes to following Jesus, the Holy Spirit leads us. He helps us to see people the way God sees them, to give generously, to be kind.

## Activity:

Roleplay teaches children actionable ways to be kind to others in real-world situations.

We have provided a few scenarios, but this activity is particularly impactful when we ask kids to share some situations that they have been in where it was a struggle to be kind. Write down their scenarios, too, so they receive some examples of how to respond:

- A child sitting alone at lunch
- A child crying or looking sad
- A parent having a rough day
- A parent feeling sick

- A child with no one to play with on the playground
- Seeing two children teasing another child

Place slips of paper with these scenarios in a container, then have children draw a slip. Next, children read the scenario aloud and act out how they would demonstrate kindness in the provided situation. If children get stuck, help them brainstorm. Next time they encounter these scenarios in real life, they'll have an example of how to treat their peers or parents with kindness!

## Memory Verse Activity:

Have each kid say the Bible verse and then tell everyone an example of a time when kindness was rewarding or when cruelty was destructive.

"Your kindness will reward you, but your cruelty will destroy you." -Proverbs 11:17

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Role-play scenarios

- A child sitting alone at lunch
- A child crying or looking sad
- A parent having a rough day
- A parent feeling sick
- A child with no one to play with on the playground
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