Sept.

Week 2

Sept, 8th



You will be guiding kids through a 5-week curriculum, introducing them to the Red Letter Challenge that we are completing as a church.

Jesus is the greatest disciple-maker in the world. Putting His words into practice helps people of all ages find the life God designed them to live

These lesson utilize the following format:

WARM-UP • OBSERVATION • INTERPRETATION/APPLICATION • PRAYER •

Please also keep in mind that this program is geared towards a large age span: from Kindergarten through 5th grade. Teachers will need to consider their age group as they are choosing their activities and modify content as needed. The first half of the program is the same every week. There will be a warm-up activity as well as a scripted lesson that can be used in a variety of ways.

- Warm-up (Learning readiness)
- Observation (What happened? What does it say?) This is the teaching time every week. This is where kids will be hearing and watching the main teaching of the day. Feel free to use actors, puppets, or even an older kid volunteer to do this teaching time.
- Interpretation (What does it mean?)
- Application (What does it mean to me?)

A weekly handout will be provided for parents. This handout will cover what we did that week and also any announcement about the future week and challenges for them to do during the week.

One idea you may like is to keep a "Challenge Chart" each week. You can get some red dot stickers and have the students put up a red dot sticker every time they complete a Challenge that week. See how many red stickers you can put up, and maybe try to increase it every week! This is for fun and to create a measurable and visual way for kids to see the Challenge in action!



WEEK 2 | WEEK OF BEING



Theme

BEING with Jesus

Memory Verse

"And let us run with perseverance the race marked out for us, 2 fixing our eyes on Jesus, the pioneer and perfecter of faith..." **Hebrews 12:2**

Bible Verses

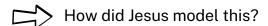
"Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, 2 fixing our eyes on Jesus, the pioneer and perfecter of faith..." Hebrews 12:1-2

Big Idea

Why is BEING with Jesus important?

Goals







WEEK 2 | WARM-UP/OBSERVATION



WARM-UP

THE SURVIVOR "T" CHALLENGE

What you need: Book or Bible (optional)

What you do: Have the kids stand with their arms out like a T. Have them hold something (added weight like a book) in each hand if you want this to take up less time. See who can hold their arms up the longest

What you say: Did anyone have a hard time starting that game? It's easy to start! Your arms aren't tired and you feel like you could hold up your arms forever! But the longer it goes the harder it is to hold our arms up. I can start strong on my own strength, but I can't always finish strong on my own strength.

OBSERVATION: SKIT

Prep: Use masking tape to make a hopscotch board on the floor of the stage.

NOTES: Today, as class is starting, you will try completing the hopscotch board, but not be able to complete it without messing up. Whatever God starts He finishes. You may start some things and not finish. But what God starts He finishes!

Teacher: Hey boys and girls! Welcome back! I'm so excited to see you here because we are going to talk about the very first theme of the Red Letter Challenge: but first, let's review...

 Review the different hand motions and see if the kids can remember which hand motion goes with which theme.

BEING: Place your hands over each other in the center of your chest.

FORGIVING: Place hands out like a cross.

SERVING: Take a servant stance: Do the TEBOW stance.

GIVING: Sweep arms out with open hands.

GOING: Walk or run in place.

Teacher: You did great! Now, for a bonus, who can tell me why do we call this a RED LETTER challenge? What is the importance of red letters? *pause for answers* Great! We are in a challenge right now here at church of working together to put what Jesus said into practice! The very first theme that we will be working on this week is just BEING with Jesus....



WEEK 2 | OBSERVATION



OBSERVATION: (CONT.)

walk over and try the hopscotch game again and fall over when you try to hop on one foot.

Teacher: I am terrible at this hopscotch game. I wanted to learn how to play so that I can go over to my neighbors who are always playing it, but I'm no good. I can't hop on one foot. I QUIT!!!!! I should be able to do this after one try, right? Do I need to practice? *pause for kids to answer.*

Teacher: I guess you're right, if I want to get better at something, I have to practice more than just a couple times. You know, that reminds me of something I read about in my Bible. It was from Isaiah 40: 30-31 and it says:

Even youths grow tired and weary, and young men stumble and fall;

31 but those who hope in the LORD will renew their strength.

They will soar on wings like eagles;

they will run and not grow weary,

they will walk and not be faint

Teacher: Now, we are all human, so we will get tired. We will lose our balance and sometimes we will fall down. He was trying to tell us that when we feel like giving up we can know we are not alone and Jesus is always with us. Will someone come hold my hand as I try to hopscotch again? **Teacher:** Wow! It helps to have someone to balance on! If I just hold onto your arm I did a lot better.

Jesus loves us SO much that he wants to always be with us! That's why we are starting this challenge learning about being with Jesus, hanging out with him just like He's a good friend that we trust. Jesus is not only your Savior He is your friend too, and he wants to spend time with you!



WEEK 2 | INTERPRETATION/APPLICATION



INTERPRETATION/APPLICATION

Activity 1: Topsy turvy

What you need: Blanket (sheet, carpet, rug)

What you do: Get a large piece of material like a blanket that your whole group can stand on. The blanket must be turned so that the underside is on the top without the children leaving the blanket. Then the blanket must be turned over again the same way: have them work together without having anyone step off blanket. If a player touches the ground (off the blanket), the game must be started over from the beginning.

What you say: Jesus invites us into a relationship with Him, but we can't always see the other side of the plan in our lives. Sometimes when things aren't going our way, it can seem like we are just getting cramped, like when we were trying to flip the blanket and we were all crammed together in the corner. But God has a plan and in time we will see what is on the other side of what we are going through. And we can't do that alone! We need other Christians to walk alongside us in church, small groups, school and everywhere we go.

Activity 2: Dig into "BEInG"

What you need: Bible

What you do: Look up the verses listed below and see if the kids can identify the ways that you can be with Jesus. (Answer key provided at the end)

What you say: Let's look up these verses and see if we can figure out the different ways Jesus gave His disciples to be with Him. Now let's brainstorm together and come up with ways we can do some of these things today!

- John 8:31 Matthew 9:38 Luke 4:8 Mark 6:31 Matthew 6:17 Luke 15:23 Mark 2:27 KEY:
 - Abide in my Word: John 8:31
 - · Pray earnestly: Matthew 9:38
 - Worship the Lord Your God: Luke 4:8
 - Come with me by yourselves to a quiet place and get some rest: Mark 6:31
 - And when you fast, anoint your head and wash your face: Matthew 6:17
 - Let us eat and celebrate: Luke 15:23 (Remembrance)
 - The Sabbath was made for man: Mark 2:27



WEEK 2 | INTERPRETATION/APPLICATION



INTERPRETATION/APPLICATION (CONT.)

Activity 3: GOInG/BEInG (red light Green light)

What you need: Nothing

What you do: Play the game Red Light Green Light but use the words GOING for 'green light' and BEING for 'red light'. Let the kids take turns being the caller in the front. Make sure they are turned around so they don't see who is close to tagging them.

What you say: Whew that was fun! You guys are super fast, and really good at GOING and BEING. Right now let's all sit down and BE with Jesus while I read this Bible verse Matthew 11:28 "Come to me, all you who are weary and burdened, and I will give you rest." Jesus is a place where we can go to just hang out with him and be with Him. When we need rest he is our safe place!

Activity 4: Caterpillar hopscotch

What you need: Masking tape or chalk if you can write on your floors.

Optional: Prep beforehand and make a hopscotch course on the floor, or use the one you had for the large group time.

What you do: Have the kids stand in line. Then they need to link up by holding hands or linking elbows. *Tip*: If holding hands is an issue get some bandannas or popsicle sticks and have them hold those to link. Have the kids begin to go through the hopscotch game, but the catch is that they cannot let go of each other until they finish the final tenth square. They have to keep their links even while hopping. Keep going until every single person has gone through the game.

What you say: I was really frustrated when he tried to play hopscotch. He needed some practice to get through. Let's play and see if we can get through without giving up! Balancing is not easy!



WEEK 2 | PRAYER



PRAYER

Dear God,

it is amazing that you are always with us no matter what! What an incredible God you are! Jesus, we don't always remember that you are with us, and we forget to be with you and can just get frustrated instead when things don't go our way. Thank you for never giving up on us. Thank you for loving us so much that you died on the cross for our sins. We ask you to help us remember that you are always with us and you never give up on us, even when we want to give up.

Amen.

