



Kids Club

Leader Guide

Aug.

Week 4

August 25, 2024

SUPPLIES NEEDED:

A Bible with Jesus' words written in red font color
Paper and writing utensils

SUGGESTED SCHEDULE:

5 minutes - Pick up kids/kids arrive - bathroom, wash hands, water break
20 minutes - Snack, Games, Prayer/Devotion, Quality Time, Clean-up
30-40 minutes - RBKids Lesson & Prayer
10-15 minutes - Free time, Clean-up and Dismissal

TODAY'S FOCUS:

We can practice habits to be more Christ-like.

MEMORY VERSE:

"Train yourself to be godly." - 1 Timothy 4:7b (NIV)

KEY PASSAGE:

Mark 10:13-16, Let the Children Come to Me

ROCK BRIDGE MISSION:

We have to practice habits that help us to be like Jesus. It's why we spend time in small groups, reading the Bible, worshiping and praying!

PRAYER:

Ask God to help you make it a priority to spend time with Him and practice the habits that help you to get to know Him well. Ask Him to show you what distracts you from spending time focused on Him.

INTRODUCTION:

AS KIDS ARRIVE: Introduce yourself, and welcome any new kids by name. Draw a fill in the blank game board where everyone can see it. Let the kids guess letters to solve the puzzle to read “Red Letter Challenge”. Let them know that next week, we are going to begin a fun challenge called the “Red Letter Challenge” to help us have disciplines that help us be good disciples of Jesus! This means practicing good habits that help us follow Jesus and become more like Him. To do this, we need to know what habits help us grow and how to make them part of our daily lives.

LESSON INTRO: Ask, what do you think of when I say the word discipline? What about disciple? Discipline means practicing certain habits regularly to help us grow and improve. For example, brushing our teeth every day is a form of discipline because it keeps our teeth healthy. It involves training ourselves to do things that are good for us. What are some other disciplines you have?

READ: Mark 10:13-16

MAIN POINT: Jesus was very clear that He wants His children of all ages to come to Him, spend time with Him and be blessed by Him. As we prepare for the Red Letter Challenge, let’s focus on what it looks like to spend time with God in our daily lives. Does anyone already have a habit that lets you spend time with God regularly? (Let kids answer, point out their habit of coming to church if no one mentions it!). Let’s make a list of things we can do to spend time with God! (Suggestions are listed below!)

- Talk to God: Spend time praying and sharing your thoughts, feelings, and what happened during your day.
- Read Bible Stories: Check out exciting Bible stories and talk about what you learned from them.
- Sing Worship Songs: Sing your favorite songs that praise God or listen to fun Christian music.
- Color Bible Pictures: Use coloring pages with stories from the Bible to think about God while you color.
- Draw or Write: Create drawings or write about what you learn from the Bible or things you’re thankful for.

- Go to your small group: Gather at church with kids in your grade level to talk about Jesus and how you are experiencing Him in your life.
- Memorize Bible Verses: Learn and remember Bible verses with fun games or songs to keep God's word in your heart.
- Act Out Stories: Dress up and act out your favorite Bible stories with family or friends to make learning fun.
- Make a Gratitude List: Write or draw things you're thankful for and thank God for each one.
- Do Craft Projects: Create cool crafts that go along with Bible stories or spiritual ideas, like making a prayer jar or gratitude tree.
- Explore Nature: Go for a walk outside and talk about how God made the world and all the amazing things you see.
- Play Bible Games: Enjoy games that teach you about Bible stories or God's teachings, like Bible trivia or treasure hunts.
- Watch Kids' Sermons: Watch or listen to Bible lessons made just for kids to learn more about God's word.
- Share Stories: Tell your family or friends about times you've seen God in your life or how you feel about Him.
- Pray with a Friend: Team up with a family member or friend to pray together and talk to God.
- Have Spiritual Playdates: Plan playdates with activities that teach about Bible stories, do crafts, and have fun while learning about God.

DISCUSSION QUESTIONS:

1. Why were the children brought to Jesus? Explain that people wanted Jesus to bless the children and show them His love.
2. What did Jesus say? Discuss how Jesus was upset when the disciples tried to stop the children from coming to Him. Jesus wanted everyone to know that children are very important to Him.
3. How did Jesus act towards the children? Describe how Jesus took the children in His arms and blessed them, showing His love and care.
4. What distractions make it hard for you to spend time with Jesus?
5. What are some things you do to spend time with Jesus?

Discipleship means following Jesus, learning from Him, and growing in our relationship with Him. It's like being a student of Jesus, discovering how to live like Him. Discipline involves practicing good habits, such as praying and reading

the Bible, which helps us grow spiritually. These spiritual disciplines help us become wiser and closer to God. By focusing on God, removing distractions, and spending time in prayer and Bible study, we strengthen our spiritual lives and prepare ourselves to share and teach others. Next week, we will start the Red Letter Challenge together! It is a study focused on the words of Jesus in the Bible.

ACTIVITY:

DO THIS: Have kids face you and move 5 giant steps backward. Tell them you'll say a sentence one time, and they will repeat what they heard when you count to 3. Quietly whisper a phrase from below, then loudly count to 3. Let kids say what they think they heard you whisper.

Say: It's hard to hear when you're far away, isn't it? Let's get closer and try it again!

Have kids move one giant step closer to you. Whisper the same phrase until all kids are close enough to correctly repeat the phrase. Then, let the kids move one giant step closer to you.

Say: Getting closer to God is kind of like this game! God is always with us and always loves us—but it's easier to hear His voice and feel His love when we get closer to Him. If time allows, play again with kids as the whisperers.

Phrases to Whisper

1. It's hard to hear when you're far away.
2. When you get close, you can hear better.
3. Come close to God, and He will come close to you!
4. God will help you be close friends with Him.
5. Show God that you want to be close to Him.
6. Stay connected to Jesus!
7. Spend time getting closer to God.

8. Praying is one way to get closer to God.
9. When we sing to God, we can feel closer to Him.
10. We can read the Bible to feel close to God.

ACTIVITY

Share that the Red Letter Challenge has different parts that are all important for specific reasons. While you all will definitely talk about each week's theme together during Kids Club on Sundays, they will spend time reading the devotions in the book during the week, too! Encourage kids to think through when would be the best, most realistic time of day for them to read. Let them write down a few options for the best time of day to read the book. Help them be realistic - for example, if they can't read by themselves, they should choose a time when someone reads with them.

Encourage kids to take their list home and share it with their family to make sure the time works for them. Ask them to come back next week to get their Red Letter Book and share when they will be doing their reading each week!