

BREAKER ROCK BEACH™



AWVBS 2024

PRESCHOOL

ACTIVITIES LEADER GUIDE



What this week is about...

THEME VERSE:

Trust in the Lord with all your heart, and do not rely on your own understanding...
Proverbs 3:5

THEME MOTTO:

God's Truth Never Changes!

DAILY LESSONS:

DAY 1:

Bible Story: Satan Tricked Adam and Eve
(Genesis 2–3)

Today's Point: Truth comes from God.

Some People Say: Truth can be different
for different people.

God Says: Truth comes from Me.

DAY 2:

Bible Story: Daniel Chose God's Way
(Daniel 1)

Today's Point: God's plan is best.

Some People Say: Do what makes you
happy.

God Says: My plan for you is even better.

DAY 3:

Bible Story: The Rich Young Ruler (Mark
10:17-27)

Today's Point: Everyone needs Jesus.

Some People Say: Being a good person
gets you into heaven.

God Says: Everyone sins and needs a
Savior.

DAY 4:

Bible Story: The Power of the Holy Spirit
(Ephesians 3:16-4:6)

Today's Point: The Holy Spirit changes us.

Some People Say: Follow your heart to be
good.

God Says: The Holy Spirit will teach you
what is good.

Day 1 ACTIVITIES

TRUTH COMES FROM GOD

WELCOME

SAY: “Hey kids! Welcome to Adventure Week VBS! My name is _____. Today we’re hearing a true story from the Bible about someone who pretended to be a snake so he could trick a man name Adam and a woman named Eve. Adam and Eve learned that some people do not tell the truth, but that God always tells the truth.”

- Before the session starts, make sure you take time to get to know kids’ names and to introduce new kids to other kids who are welcoming and friendly.
- ****LEADER TIP:** If you have rotations with a large amount of kids, you could split these into stations and have kids rotate.

LEARN THE BIBLE VERSE

SAY: “In today’s story we heard that Adam and Eve chose to disobey God. Our Bible verse this week tells us that we can learn about God and choose to obey Him.”

- Show preschoolers the “**Memory Verse Poster**” and read the verse to them.
- Explain that boys and girls will get to practice saying the verse together as they play a game.
- Give one preschooler a beach ball and tell him that when the music starts, he will pass it to the person next to him.
- Explain that they will keep passing the ball until the music stops.

SAY: “Whoever is holding the ball when the music stops will get to go point to the words on the “**Memory Verse Poster**” while everyone says the verse together.”

- Play music from the AWWBS Spotify Playlist. Play until preschoolers have repeated the verse several times.

PLAY A MATCHING GAME

SAY: “We’re going to play a game to match pictures from today’s Bible story!”

- Divide kids into groups of 1-2 crews.
- Give each group a set of **Bible Story Matching Cards**.
- Explain that when you say “GO!” their crew leader will read the story cards in order and kids will match which pictures go with that story card.

SAY: “Try to match your story as fast as you can! Ready, set, GO!”

- Play 1-2 times.



1

BIBLE STORY:

Satan Tricked Adam and Eve (Genesis 2–3)

TODAYS POINT:

Truth comes from God.

SOME PEOPLE SAY:

Truth can be different for different people.

GOD SAYS:

Truth comes from Me.

ACTIVITIES PREP

- Bible
- **Memory Verse Poster (1/rotation)**
- beach ball (1/1-3 crews)
- **Bible Story Matching Cards (1/1-2 crews)**
- timer
- pool noodle (3-4/rotation)
- snack
- music player and Spotify playlist

Day 1 ACTIVITIES

cont.



ANIMAL LIMBO

- Have two leaders (or children) hold up a pool noodle between them as a limbo bar. Hold the noodle at a height that all kids will need to bend to go under it, but do not set it too low.
- Guide preschoolers to line up facing the limbo bar (pool noodle).
- Call out: “Penguin!” Children must go under the limbo bar moving as a penguin. Call other animals: bear, octopus, deer, beaver, mountain goat, wolf, snake, raccoon, squirrel, or other animals of the Northwest.
- As preschoolers pass under the bar, they should say Today’s Point: **Truth comes from God.**
- Play reverse limbo and lower the pool noodle for children to go over.
- For children who are not able to bend or jump, arch the pool noodle high above children’s heads and change the name of the activity to “Animal Parade” instead of “Animal Limbo.”



TIPS: Children can also say the VBS motto, verse, or something they learned in the Bible story.

Do not lower the bar between turns. Just change the method of moving underneath it.

- STORY CONNECTION: Today, kids learned that God created the world and that truth comes from God. God made all the animals like the ones in our game. Ask children if they remember what animal Satan pretended to be when he talked to Adam and Eve. (snake)

WHILE EATING SNACK

REVIEW THE BIBLE STORY AND PRAY

SAY: “God created the world, including Adam and Eve. What happened to Adam and Eve in today’s Bible story?” (Answers will vary)

- As kids recall the story, gently correct any misunderstandings.
- Remind kids that God said He would send someone to beat Satan someday, and He sent Jesus.
- Tell boys and girls: “Today’s story taught us that God’s words are true. God loves us and wants to forgive us when we choose to disobey.”
- Pray. Thank God for sending Jesus so we can know God’s words are true and we can be forgiven when we disobey.

OPTIONAL ACTIVITY: COPYCAT GAME

- Explain that in this game, you’re going to choose one preschooler to be the “Truth Leader”. Everyone else will copy the “Truth Leader”.
- Instruct preschoolers to pick actions that show following God’s truth (ex: folding hands in prayer, pretending to read a Bible, helping a friend, waiting patiently, smiling, waving, being joyful, singing, etc.)
- Guide the “Truth Leader” to do their action, say what it is, and then do it again so that everyone can copy them.
- Choose a new child to be the “Truth Leader” and replay game.

Tip: If a kid chooses an action that doesn’t align with following God’s truth, modify it and remind them of the main point, “Remember in this game, we’re copying God’s truth. Let’s try again.”

SAY: “It was fun following our friends while they showed us different ways to know God’s truth!”



Day 2 ACTIVITIES

GOD'S PLAN IS BEST

WELCOME

SAY: "Hey kids! Welcome to Adventure Week VBS! My name is _____. Today we've been hearing a true story from the Bible about a man named Daniel and his friends who chose to obey God! Today's point is *God's Plan is Best*. Can you say that with me?"

- Before the session starts, make sure you take time to get to know kids' names and to introduce new kids to other kids who are welcoming and friendly.
- **LEADER TIP: If you have rotations with a large amount of kids, you could split these into stations and have kids rotate.

BUILD THE BIBLE VERSE

PREP: Cut out the Bible verse words from the *Sand bucket Bible Verse Cards* and tape one card to each bucket. Have one set of buckets per 1-2 crews.

SAY: "This week we are learning that God's plan is best, and we should follow Him instead of the ways of the world. Let's build some sandcastles as we practice our verse!"

- Tell kids that people like to build sandcastles on the beach.

SAY: "We can't build a beach sandcastle in this room, but we can build a castle using sand buckets."

- Guide preschoolers to build a structure using the provided sand buckets with the words of the Bible verse attached.
- Play "Breaker Rock Beach" from the AWWBS playlist as kids build.
- Once the structure is completed, instruct crew leaders to help put the words of the verse in order and say them aloud together with their crew.
- Allow kids to knock down the structure and build another one as time allows.
- Invite preschoolers to pray with you and thank God for His plans for us.

VEGGIE TOSS

- Assign each child the name of a vegetable such as lettuce, cucumber, broccoli, and so on. (Duplicate the food names as needed.)
- Guide the preschoolers to stand around the parachute, holding the parachute waist-high. Lead them to begin making waves with the parachute.
- Call out the name of a veggie. The child(ren) assigned that veggie should let go of the parachute and run underneath the parachute to the opposite side. (Try to keep the sides of the parachute balanced.)
- When "Veggie Toss" is called out, everyone should drop the parachute to the ground and swap places with the players on the other side.
- ADAPT: For kids who cannot go under on their own, ask a friend to help them under or around the parachute.
- TIP: To vary the game, change how children move from one side of the parachute to the other, such as hopping, tiptoeing, and so forth.
 - For younger preschoolers, assign a name of a few colors or call out individual names of children instead of names of food.



2

BIBLE STORY:

Daniel Chose God's Way (Daniel 1)

TODAYS POINT:

God's plan is best.

SOME PEOPLE SAY:

Do what makes you happy.

GOD SAYS:

My plan for you is even better.

ACTIVITIES PREP

- Bible
- Memory Verse Poster (1/rotation)
- Memory Verse bucket cards (1 set/1-2 crews/rotation)
- Sand bucket Bible Verse Cards (1 set/1-2 crews)
- mini sandbuckets (12/1-2 crews)
- parachute or large bedsheet (1/1-2 crews/rotation)
- music player and playlist
- tape

Day 2 ACTIVITIES cont.



SAY: “*In our Bible story, Daniel and his friends could have eaten the food the king offered, but they knew it was not what God wanted. Daniel and his friends followed God's plan for them by only eating vegetables. They knew that **God's plan is best.***”

****WHILE EATING SNACK****

REVIEW THE BIBLE STORY AND PRAY

SAY: “*Today we learned about Daniel and his friends. How did they choose to follow God's plan?*” (Answers will vary)

- As kids recall the story, gently correct any misunderstandings.
- Examples of questions you could ask:
 - Who did we learn about in today's true story from the Bible? (*Hint: it starts with a "D"*) (A: Daniel)
 - What did Daniel ask the chief officer? (*To let them only eat vegetables instead of the king's food.*)
 - After they ate only vegetables and only drank water for 10 days, were Daniel and his friends stronger or weaker? (*Stronger, Healthier*)
 - Daniel trusted that whose plan is best? (*God's*)
- Remind boys and girls that in today's Bible story, Daniel and his friends chose to follow God's plan for them.
- Ask other questions about the story to help reinforce what they learned.
- Ask kids to say today's point with you: **God's Plan is Best.**
- Pray. Thank God for having a plan for everyone and ask Him to help us follow His plan because it is best.

OPTIONAL ACTIVITY: STORY CIRCLE

- Explain that in this game, you're going to sit in a circle and tell a story together. Everyone will get to add a line to the story!
- Instruct preschoolers to sit in the circle and choose a kid to begin. They say one sentence, a different kid adds another sentence. Continue adding on to the story until every kid has had a chance to contribute.

Tip: Give kids a topic to stick to or challenge them to stop and recap what the story is about so far. Consider using questions to help kids participate if they need assistance, “*What color was the house? What was the friend's name?*”

SAY: “*Wow! What a crazy story! It was so much fun to build our own story, but God has an even better plan for our lives and He lets us be a part of His big story!*”



Day 3 ACTIVITIES

EVERYONE NEEDS JESUS

WELCOME

SAY: “Hey kids! Welcome to Day 3 of Adventure Week VBS! If this is your first night here, we’re so excited to have you. If this is your third night here, welcome back! Today we’re learning about a story of a rich, young ruler and a conversation he had with Jesus! Today’s point is **Everyone Needs Jesus**. Can you say that with me?”

- Before the session starts, make sure you take time to get to know kids’ names and to introduce new kids to other kids who are welcoming and friendly.
- ****LEADER TIP:** If you have rotations with a large amount of kids, you could split these into stations and have kids rotate.

EVERYONE NEEDS JESUS FREEZE DANCE

- Explain that boys and girls are going to play a special kind of freeze dance.

SAY: “When the music starts to play, find someone who needs Jesus and go move to the music together. When the music stops, you should freeze. When the music starts again, find someone new who needs Jesus.” (Ensure that all kids find a partner to dance with.)

- Play a song from the AWVBS Playlist
- As kids move to the music, remind them that everyone needs Jesus, so they can pick any friend!
- Point to the **Memory Verse Poster** and have all friends say our verse together!

BEACH BLANKET PICNIC

PREP: Gather two of each of the following items: small blankets, picnic baskets, plastic or paper picnic items such as a napkin, paper plate, spoon, cup, toy food items, and so forth.

- List all the picnic items on a piece of paper to use as a call sheet.
- Scatter the picnic items around the play area.
- Spread out a small blanket or large towel at the end of the course for each line.
- Place a picnic basket on each blanket.
- Gather the children into two lines. Explain that a leader will call out a picnic item that is lying in the area.
- The first child in each line will search for the item called and run to set the item in the picnic basket on her team’s blanket. She should run back to her team and say, “Everyone needs Jesus.”
- The leader will then tell the next person in that line what item to gather next.
- When a team’s last item is delivered to the basket, instruct the children to run to their team blanket and pretend to have a picnic on the beach. The team with everyone sitting on the blanket first is the winner.
- For smaller groups, form one team and use just one set of items.
- **STORY CONNECTION:** Explain that it’s so fun to share with others - especially on a picnic! But, of all the things we can share, the most important thing is sharing Jesus because **Everyone needs Jesus!**



3

BIBLE STORY:

The Rich Young Ruler
(Mark 10:17-27)

TODAYS POINT:

Everyone needs Jesus.

SOME PEOPLE SAY:

Being a good person gets you into heaven

GOD SAYS:

Everyone sins and needs a Savior.

ACTIVITIES PREP

- Bible
- **Memory Verse Poster (1/rotation)**
- **Bible Story Script (1/rotation)**
- small blankets or beach towels (2/rotation)
- picnic baskets (2/rotation)
- plastic or paper picnic items (napkin, paper plate, spoon, cup, toy food items, etc)
- A list of all of the picnic items
- music player and AWVBS Spotify playlist

Day 3 ACTIVITIES

cont.



****WHILE EATING SNACK****

REVIEW THE BIBLE STORY AND PRAY

- Tell preschoolers you will read the Bible story (using the [Bible Story Script](#)) while they work together to act out different parts.
- As you read, lead kids to act out the following: running to Jesus, kneeling down to Jesus, listing commandments, holding out one finger for “one thing,” Jesus asking the man to follow Him, being sad, loving Jesus.
- Help children come up with actions when needed.
- Praise kids for a job well done
- Remind kids of Today’s Point: **Everyone needs Jesus.**
- Invite boys and girls to say the Today’s Point with you.
- Tell preschoolers to say their names when you point to them.
- Say the point, replacing the word “everyone” with each child’s name.
- Ask: “Who needs Jesus?”
 - Guide kids to say: “Everyone!”
- Ask preschoolers to pray with you and thank God that He sent His Son, Jesus, because we need Him.

OPTIONAL ACTIVITY: IMAGINARY TREASURE HUNT

- Explain to preschoolers that we are going on an imaginary treasure hunt! We’re going to find all kinds of things. Guide kids to make “binoculars” with their hands as they look around for the items.
- Choose a scenario and send kids around the room to find the imaginary items. Describe different obstacles they have to “duck under” or “jump over” or “crawl past”.

SAY: “It is so fun pretending to hunt for treasure. But, there is one treasure that we all need! Jesus is the best treasure and He is always with you.”

Tip: Use vivid descriptions as kids hunt for specific shapes and colors of pretend items!



Day 4 ACTIVITIES



4

THE HOLY SPIRIT CHANGES US

WELCOME

SAY: *“Hey kids! Welcome to Day 4 of Adventure Week VBS! Tonight is our last night together so we’re very glad you’re here! Today we’re learning about a very special person called the Holy Spirit. Today’s point is **The Holy Spirit Changes Us**. Can you say that with me?”*

- Before the session starts, make sure you take time to get to know kids’ names and to introduce new kids to other kids who are welcoming and friendly.
- ****LEADER TIP:** If you have rotations with a large amount of kids, you could split these into stations and have kids rotate.

FOLLOW THE LEADER MEMORY VERSE

- Explain to preschoolers you are going to play a game. One person will create and demonstrate a motion to do. The rest of the children will follow his moves.
- **Say, “Paul was a follower of Jesus and he helped other followers by telling them about who Jesus and the Holy Spirit is!”**
- Choose someone to be the leader of the motions game.
- Guide kids to imitate that child’s motion as the music plays.
- Play music from the AWWBS Playlist.
- Invite boys and girls to say the verse with you as you imitate the leader.
- Pause the music occasionally and invite another child to be the leader.
- Keep playing until the song concludes or everyone has had a turn.
- Point to the **Memory Verse Poster** and have everyone say the verse in unison.
- Pray. Thank God that we can speak the truth about Him to others in loving ways.

BEACH TRAVELER OBSTACLE COURSE

PREP: Gather: hula hoops, cardboard boxes, traffic cones, play tunnels, buckets, sand toys, and so on to create an obstacle course; hang a **Point of the Day Sign** in the four corners of your area

- Scatter one complete set of colored **Point of the Day Cards** at the Finish Line.
 - Day 1: Truth comes from God.
 - Day 2: God’s plan is best.
 - Day 3: Everyone needs Jesus.
 - Day 4: The Holy Spirit changes us.
- Point out the obstacles the children will work through. Guide each team to send one preschooler at a time to begin at the “Start” line and go through to reach the “Finish” line and grab a card and take it to the matching corner.
- All team members will work together to sort the cards in their corner so they spell out the Point of the Day. (Preschoolers can match the shapes and use the numbers to find the correct order)
- Mention that in an obstacle course, we make a plan to follow to get from the start to the end. Remind boys and girls that God has a plan for our lives - from the beginning all the way to the end - and His plan is best.

BIBLE STORY:

The Power of the Holy Spirit
(Ephesians 3:16-4:6)

TODAYS POINT:

The Holy Spirit changes us.

SOME PEOPLE SAY:

Follow your heart to be good.

GOD SAYS:

The Holy Spirit gives us the power to do what is right.

ACTIVITIES PREP

- Bible
- **Memory Verse Poster (1/rotation)**
- **Point of the Day sign**
- **Point of the Day Cards (1/1-2 crews/rotation)**
- materials for a beach obstacle course: hula hoops, cardboard boxes, traffic cones, play tunnels, buckets, sand toys, etc
- pool noodles cut in half (optional)
- music player and AWWBS Spotify playlist

Day 4 ACTIVITIES

cont.



TIPS:

- To challenge older preschoolers, have them carry a pool noodle (cut pool noodles in half) to represent a hiker's trekking pole while they maneuver the course.
- For larger groups, use additional sets of Point of the Day Cards to create teams to go through the obstacle course and order their cards together.
- For smaller groups, have kids work together to sort each Point. They can move together to each corner to arrange the words of the Point in order.
- Be sensitive to different abilities and adjust the course as needed.

SAY: *“Paul was obedient and traveled to many places to tell people about God’s love and how Jesus saved us. This obstacle course reminds us that sometimes following God’s plan is challenging and we might have to be reminded of the right way to go, but we can always trust the Holy Spirit to lead us!”*

OPTIONAL ACTIVITY: BREAKER ROCK BEACH TAG

- Explain that in this game, preschoolers will play a different version of tag. Indicate to the kids the boundaries of the play zone. Choose one child to be It.
- Instruct preschoolers to try to avoid being tagged by It. If a child is tagged, he must sit down.
- Guide the child who is ‘It’ to continue trying to tag as many people as she can. Periodically, shout, “Breaker Rock!” When you shout, “Breaker Rock,” everyone who has been tagged can return to the game.
- Choose a new child to be “It” and replay game.

