

LESSON 1

I AM FEARFULLY AND WONDERFULLY MADE

LESSON AT A GLANCE

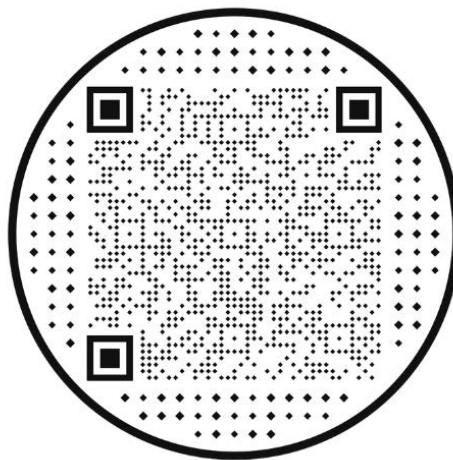
WONDER TRUTH: God Made Me on Purpose, for a Purpose**SCRIPTURE:** Psalm 139**GOD'S BIG STORY:** King David writes a psalm describing the incredible ways God interacts with us—creating us, being with us, knowing us. God does everything with purpose, including creating us!**WORD OF WONDER:** How God made me is amazing and wonderful. —from Psalm 139:13–14

CURIOSITY

BELIEF

FAITH

- Play Stations:
 - Button Self-Portraits
 - Block Favorites
 - Wonderfully Made Coloring Sheet
- LARGE GROUP
- Word of Wonder: From Psalm 139:13–14
- Circle Time: I Am Special
- Craft: Don't Forget!
- Game: Flip It! Pop Up!
- Worship Response: Jesus Loves Me Remix
- Closing Game: Sit and Rise

[Wonderfully Made Early Childhood Spotify playlist](#)



LESSON 1 FOR LEADERS

INVITATION

We invite you to pause, listen, and shift your gaze toward the Father ...

LESSON AT A GLANCE

WONDER TRUTH: God Made Me on Purpose, for a Purpose

SCRIPTURE: Psalm 139

WORD OF WONDER: From Psalm 139:13–14

“Where did you come from?”

I asked an innocent question, amused at the barefoot child peeking around the corner of my colleague’s house. We were seated on his porch, taking a moment to debrief a long day’s work.

His daughter had a sixth sense to know her father was home, so she slipped out the back to come around the house, following the sound of his voice. Without skipping a beat, she looked at me—the stranger interrogating her—and pointed to her father. “Him, I came from him,” she said.

She could have explained that she exited by the screen door, but she answered my question with the directness of a child. She came from her dad. Moreover, I was delaying their reunion.

Adults love to share our origins: where we live, where we work, in what locale we were raised. Take a moment to reinhabit a child’s perspective: remind yourself that God created you, set your life on a trajectory, and can’t stop thinking of you. Imagine pointing to your heavenly Father to say, “Him, I came from him.”

I invite you to read Psalm 139 and to ask God to give you the perspective of David. There is no way to escape God’s sight and deliberate attention. God created you for a purpose; your heavenly Father gave life as a gift. What is one way that you have been reminded of God’s design this week? As you picture your earliest moments in the world, how do you imagine God was already shaping you?

—Jason Hitchcock

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LESSON 1 **FOR LEADERS**
I AM FEARFULLY AND WONDERFULLY MADE

DID YOU KNOW?

FOUNDATION BUILDING BLOCKS

WHO?

Psalm 139 is attributed to David, Israel's greatest king. David is believed to have authored 73 of the 150 Psalms in the Bible. He was a gifted poet and songwriter, often declaring his praise for God in a variety of ways throughout the Psalms.

WHAT?

Psalm 139 talks about God's omnipresence and omnipotence—He is everywhere and knows everything. The author realizes there is no hiding from God and invites Him to search his heart, showing him where He wants to change him.

WHERE?

In Psalm 139 the where is everywhere! God is everywhere in space, in the highest heavens and the lowest depths. He is also everywhere with us in time: when we are growing in the womb, and He is there with us on our very last day. God is ever-present in our lives.

WHEN?

The psalms were written over hundreds of years—from the time of Moses to after the exile from Babylon. Psalm 139, which is attributed to David, would probably have been written sometime in the late 900s BC.

WHY?

This psalm recognizes that God knows us intimately. He created us just as He wanted us to be, and His care for us extends from the womb to death. Therefore, we ask God to search us, refine us, and lead us in His everlasting way.



Curiosity

Belief

Faith

Identity

LESSON 1 EARLY CHILDHOOD

Spark curiosity, encourage exploration, and get kids thinking about the wonder of God.

LESSON AT A GLANCE

WONDER TRUTH: God Made Me on Purpose, for a Purpose

SCRIPTURE: Psalm 139

WORD OF WONDER: From Psalm 139:13–14

Small group leaders should be in place 30 minutes prior to service time. Play Station time is important to build relationships, welcome new kids, and keep structure in the room! Ask preschoolers questions about their week, what they have been learning about God, and engage in play with them.

Play Stations

SUPPLIES: buckets, colored buttons, paper plates, cardstock, plastic linking blocks, glue (optional)

RESOURCES: My Favorites Sheet (2–5), Coloring Sheets (1 per kid)

Greet kids warmly as they arrive and briefly explain the play stations. Invite them to play at any of the play stations.

"Welcome to church! While we're getting ready to start, you can play at any of these stations to help get ready for our lesson today. Do you have any ideas what we'll be learning about today?"

Play Station: Button Self-Portraits

Set-up: Set out buckets of colored buttons and paper plates.

Play: Let kids use the buttons to make a self-portrait, using the paper plate as the shape of their head. Encourage kids to use the buttons to make their eyes, ears, nose, mouth, and hair.

Leader Tip: This activity can be modified by letting kids glue their buttons to the paper plate so they can take their artwork home.

Play Station: Block Favorites

Set-up: Print several copies of the My Favorites Sheet on cardstock.

Set out a bucket of plastic linking blocks.

Play: Let kids build their favorite things and place their completed pieces on the heart to which it corresponds. Kids can build things to represent their favorite food, animal, activity, sport, and color.

Play Station: Wonderfully Made Coloring Sheet

Set-up: Set out the Coloring Sheets and coloring utensils.

Play: Let the kids color. The kids can also turn the sheet over and draw a picture of themselves or something they are good at doing.



Head to Large Group!

Snack and Connect

While snack is being eaten, show kids how you open your Bible and find Psalm. Show them how it is in the middle of the Bible and how many chapters there are. Read Psalm 139:13–14 from an NIV Bible. Explain that this is also our Word of Wonder for this week. Encourage kids to sit in a circle and say the Word of Wonder two times while doing the motions below.

WORD OF WONDER

How God made me is amazing and wonderful.

—from Psalm 139:13–14

- **HOW GOD**—Point up with both hands.
- **MADE ME**—Point to yourself with two thumbs.
- **IS AMAZING**—Put one arm out to your side for each word.
- **AND WONDERFUL**—Burst both arms up and out to the sides at the same time.
- **PSALM 139:13–14**—Hold your hands open in front of you, as if holding a book.

Discuss these questions:

- **According to Psalm 139, how did God make you?**
- **What is one way you can praise God for how He made you?**

Word of Wonder Activity

SUPPLIES: Colored floor tape (5 colors), craft sticks (5), cup

Before the activity, put colored floor tape (or pieces of colored construction paper) in various parts of the room, just big enough for a child (or two) to stand on. Create multiple spots of each color. Wrap craft sticks with a piece of colored tape, designating one color per stick. Put the colored craft sticks in a cup. Tell kids to find a colored spot on the floor and stand on it. Have kids say the verse aloud again and play the game Color Is Lava.

Tell kids you will pick a colored craft stick from the cup and hold it up for them to see. For example, you will pick the red stick and shout, “Red is lava!” The kids should scramble to stand on a colored spot that is not red, because red is lava.

For each round, have kids say the verse and then you will choose a different color of craft stick. Repeat the lava game with each new color.

Leader Tip: More than one kid can stand on the same piece of colored tape. Encourage kids to keep everyone safe by carefully changing spots.

Circle Time: I Am Special

SUPPLIES: yarn, scissors (prep only)

Before the activity, cut six pieces of yarn to various lengths (several feet long or more). Roll each piece of yarn into a small ball.

"In today's story, we learned we are wonderfully made. God made each person special and unique, unlike anyone else. Let's make a fun web of yarn. I'll start by holding the end of the ball of yarn and tossing it to a friend in our group. Then that friend will toss or pass it to another friend while holding onto part of the yarn. Whoever gets the end of the ball of yarn will answer a question and share one way that God makes them special. Let's play!"

DISCUSSION QUESTIONS

- David loved to write and make music for God. What do you love to do for God?
- David praised God for knowing and loving him. What do you want to praise God for?
- Psalm 139 says God knows you completely. What does God know about you?
- God made you to be wonderful and amazing. You are like no one else. What is one thing that makes you different from the person standing beside you?
- You can follow God everywhere, all the time! Where can you follow God?
- God has a plan for you! What do you want to be one day?

"It's amazing to think that God created each person to be so different and wonderful. David knew God's love. In our story, David understood today's Wonder Truth. Say it with me! Kids say the Wonder Truth with the leaders: God made me on purpose, for a purpose!"

Invite kids to share prayer requests and praises and to thank God for how He made them. If a kid is uncomfortable praying aloud, encourage the kids to pray silently and thank God for loving and caring for us so well.

Game: Flip It! Pop Up!

SUPPLIES: a coin

Encourage kids to gather in a circle or in lines and get into a squatting position. Place a coin on the floor in the middle of the circle. Tell kids that if the quarter lands on heads, the girls pop up. If the quarter lands on tails, the boys pop up.

Each time you flip the coin, ask a question related to today's God's big story from the list below. The first kid to pop up from squatting position will answer the question.

- Who wrote songs to God in today's story? (David)
- Who created you?
- When is God with you?
- What do you think it means to be "wonderfully made"?
- What is one wonderful thing about you?
- David praised God because he knew God loved and cared for him. What can you praise God about?

Worship Response: Jesus Loves Me Remix

RESOURCES: “Jesus Loves Me (Hip Hop Remix)” from the [Wonderfully Made Early Childhood Spotify playlist](#)

"In today's story, we saw how much David loved God and how much God loved David. God loves us just as much. He knows everything about us. He's always with us. He hears us, and He made us to be so wonderful! Let's sing and dance and remember that Jesus loves us more than anything!"

Play “Jesus Loves Me (Hip Hop Remix).”

As kids sing, encourage them to do fun movements. Remix the activity with each verse.

- Round 1—March
- Round 2—Hop
- Round 3—Crazy dance

Leader Tip: Kids will follow your lead. Do the movements with them around the room. Get them up and moving, having fun with other kids and leaders.

Closing Activity: Sit and Rise

"In God's big story today, we learned that God knows everything about us. Isn't that amazing? He knows when we sit, and He knows when we rise (or stand up). He even knows our thoughts.

Let's play a game called Sit and Rise! I'm going to turn around and count to 10. You decide if you want to sit down or rise (stand up). When I'm done counting, if I call out sit, anyone who is sitting is out. Anyone standing is still in the game. If I call out rise, anyone standing up is out. Anyone sitting is still in the game."

Play multiple rounds until there is a winner.