

GROUP HEALTH CHECK-IN

(LEADER)

To care for our small groups well, we regularly pay attention to key indicators that help us get a picture of a group's overall health. Groups will be at different levels in each area, but the goal is to discern how to help our leaders and groups become healthier. Circle "Yes" or "No" as you respond to each of the questions in the Health Check-In. Please be honest so your coach can spur you on in love!

BE Before Do

“Remain in me, and I in you. Just as a branch is unable to produce fruit by itself unless it remains on the vine, neither can you unless you remain in me.”
(John 15:4)

Growth as a Christ follower occurs as we nurture our own intimacy with Him. It is impossible to grow into Christ-likeness without consistently spending time with Jesus! It can be easy to think that if we try harder we will grow spiritually. The same can be said of those we lead in a small group. We can put so much effort into helping them change that we neglect to cultivate our own relationship with Jesus.

→ *Are you consistently spending time with Jesus?* Yes No

Love God: COMMUNION

“They devoted themselves to the apostles’ teaching, to the fellowship, to the breaking of bread, and to prayer. ‘Everyone was filled with awe, and many wonders and signs were being performed through the apostles’”
(Acts 2:42-43)

We are convinced that God is leading us to deepen our dependence on Him for what He alone can do. One of the most important habits a small group can do is pray together. In fact, if prayer is the main thing a group does together, we would call that a success. We want prayer to be a movement in!

→ *Is consistent prayer happening in your group?* Yes No

We also believe that engaging God's Word is one of the greatest contributors to life change and experiencing life in Christ. Therefore, we equip groups to have Scripture-centered conversations. We love God when we grow in obedience to Him, and as we grow in obedience, we grow closer to Him!

→ *Is consistent biblical conversation happening in your group?* Yes No

Love Others: COMMUNITY

“Now all who believed were together, and had all things in common, and sold their possessions and goods, and divided them among all, as anyone had need.”
So continuing daily with one accord in the temple, and breaking bread from house to house, they ate their food with gladness and simplicity of heart,”
(Acts 2:44-46)

The early small groups ate, prayed, rejoiced, and studied God's Word together. And they met daily! They developed a community where they practiced the words of Jesus together ... the "one-anothers". Are relationships being built in deeper ways? Are people vulnerable in their conversations? Is there accountability and grace shown towards others? Is there forgiveness, unity, and love in the group?

→ *Are people consistently participating in the group?* Yes No

The early disciples cared for one another by sharing what they had. When a small group is operating with the heart of Christ, care is evident in their relationships. When someone has a need, the group prays for them AND puts hands and feet to those needs. There is a servant's heart among the group, caring for people outside of the group, such as neighbors or marginalized members of the community.

→ *Is consistent care happening in your group?* Yes No

Celebration is a way we love God and love others. We can praise God when life change occurs as people respond to His grace. Some examples of how to celebrate God in a group include taking communion together, singing worship songs, sharing stories of the "fingerprints of God", and doing fun things outside of their group time. Remember, celebration is about having fun together!

→ *Is consistent celebration happening in your group?* Yes No

Live Sent: COMMISSION

"Praising God and having favor with all the people. And the Lord added to the church daily those who were being saved."

(Acts 2:47)

In the early church, the Lord added to their numbers daily! They cared for each other and the community listened because they saw genuine love in their lives. When a group is healthy, they "Live Sent" by looking for opportunities to share the gospel and serving together in their community. They also encourage each other to take steps in obedience to God and His Word. This is commission!

→ *Is your group living sent together consistently?* Yes No

How many "Yeses" were recorded? _____

5-7= your group is very healthy.

3-4= your group is moderately healthy.

0-2= your group is unhealthy.

***After a time of reflection, which area MOST needs to be "spurred on in love"?
What is one practical step you can take to help your group become healthier?***