











SMALL GROUP LEADER

WEEKLY RHYTHMS

-  Personally welcome new group members within 24 hours of receiving their signup email or contact information (or whoever you've designated to welcome new people). Learn more about welcoming a new person [HERE](https://rockbridge.cc/resources) (rockbridge.cc/resources)
-  Access the small group discussion guide [HERE](https://rockbridge.cc/resources) (rockbridge.cc/resources). Spend time preparing to facilitate the discussion by reading over the guide (or prepare for book/short-term study, etc.)
-  Send a group message (i.e. text, Group Me) the day before your small group. Remind them what to bring, where and when to meet, and that you're excited to gather with them.
-  Pray for the people in your small group and for your time together. Pray that God would be glorified, that he would prepare their hearts to be changed, and that you'd depend on him!
-  Prepare a welcoming environment for your group. Greet everyone and take time to introduce new members. Make sure they are included in the conversation and feel known.
-  Be enthusiastic, regardless of the turnout! If only a few people show up, see an opportunity to engage further in discussion, go deeper in prayer, and to get to know them better.
-  Keep your fellowship time (socializing, ice breaker, etc.) to about 10-20 minutes. It's easy to lose track of time and then rush through the discussion. Be conscious of your time!
-  It's ideal to spend at least 20-25 minutes on the discussion (based on hour long gathering). Leaders set the example, so be real and authentic, sharing the ups and downs of your faith journey. Don't be afraid of silence when you ask a question ... it gives the Holy Spirit space to work and people time to think through their answers! Prompt those that haven't shared: "_____, we haven't heard from you. Would you like to share?" However, don't force someone!
-  Spend at least 10-15 minutes for your group to pray until they pray! You can read about prayer request strategies [HERE](https://rockbridge.cc/resources) (rockbridge.cc/resources). Have someone be responsible for recording the requests to share with the group the day after your gathering, so your group can be praying for one another!
-  The beauty is in the follow up! This can be an amazing time to build community, so allow time for people to hang out afterwards. It's a great time to ask new people if they have any questions or want to connect during the week. For anybody who you sense needs encouragement, this is an opportunity to have a one-on-one conversation. Encourage everyone to attend next week!