



Rock Bridge Small Group Discussion Guide Uncomfortable - Part 1 LEADER GUIDE

LEADERS: *We believe that by committing to the six C's of small group leadership, you will see God move in you and your group through biblical community!*

What are the 6 C's?

- **Character** - The character of the leader is critical!
- **Content** - Biblical and conversational.
- **Consistency** - Consistency paves the way for health and accountability.
- **Care** - Models the love of Jesus that bears one another's burdens.
- **Celebration** - Having fun together and celebrating God's goodness together.
- **Commission** - Living sent on the mission of Jesus.

This week's focus: CELEBRATION.

Celebration is a way we both love God and others. God desires our praise and in the Gospel, we have much to praise Him for. We can also praise Him when life change occurs as people respond to His grace. Additionally, celebration is about having fun together.

GOAL: *Groups should do something "fun" together at least once a quarter, such as a cookout or dinner out together, bowling, visiting a park, etc.*

Some other ways to celebrate God and life within group life include: communion; worship songs; sharing praise reports and 'snapshot' stories of times when God really worked in your life; reading a psalm out loud together; etc. Many groups attend 1st Wednesday services together as an act of fellowship and celebration.

LET US KNOW IF WE CAN HELP! *Contact your campus groups director or email us at discipleship@rockbridge.cc*

ICE BREAKER: Do you like to dance? Do you have a signature dance move? Dare to share it with the group?

MAIN POINT: We are supposed to live WITH and FROM God's blessing.

Read this out to the group as a type of road map for where the discussion should go.

Passage(s) to Read: 2 Samuel 6:12-23

Passage Summary: In his heart and at his core, David is a passionate worshipper of God/Yahweh. His goal is to exalt God, not himself. However, his previous failure to move the ark had sidelined him and he was not participating/experiencing God's blessing. In a scene of repentance, renewal and refreshing from God, we see David return to his music-loving, God-honoring, worshipping self. However, Michal was focused on David as King, not God-worshipper and she became her husband's harshest critic. David answers her critiques with his convictions about God, himself, and his future. Michal lives on the sidelines, hemmed in by her past and expectations.

Read the summary out loud before the passage. This will help set up the direction of the discussion.

DISCUSSION:

1. What was significant in the way David had the Ark of the Lord transported?
David was cautious and was careful to show reverence to God. This is no doubt a reference to the Levites transporting the Ark properly, in accordance with God's word.
2. Why is Michal referred to as Saul's daughter rather than David's wife?

Three times in this chapter, Michal is referred to as Saul's daughter. By emphasizing this relationship, the author wants us to know that Michal had the same uncaring attitude toward the Ark and toward the true worship of God that her father had.

3. Why was Michal so upset about David's worship?
As far as she was concerned, these were not the dignified actions of a king.
4. What are some ways we worship God that might look strange to someone outside of the faith?
5. Why was God pleased with David's worship?
For David, worshipping the Lord From The Heart was more important than his appearance before others. David was willing to dishonor and humble himself, if God were exalted in the process.
6. In what way can we forsake ourselves (comfort, outward appearance, etc) to honor God with our worship of Him?

STEPS OF OBEDIENCE

As an offering of worship and fellowship as a group, try bringing to the Lord all the aspects of Himself which He brings to mind in prayer. Take turns giving thanks for what God has taught you through the message this week.

PRAYER TIME

- If anyone in the group has a special prayer request, make sure that is shared with the group.