



ICEBREAKERS (3 Levels)

Here are some icebreakers you can use at the beginning of any small group. Move on to the next level as you get to know each other better.

Level 1: Information (What you know)

- Play Two Truths and a Lie.
- What is your favorite movie? Why?
- What is your favorite city? Why?
- What day of your life would you most like to relive? Why?
- What does your name mean? Why were you named that?
- If your house were on fire, what three items (not people) would you try to save?
- What was the best gift you ever received as a child?
- What was your first job? What do you remember most about it?
- Tell the group a brief story from your wedding day.
- If you could go back to college, what would you study?
- You have been given a one year sabbatical from work. What will you do?
- What has been one of the greatest trips you have ever been on?

Level 2: Opinion (What you think)

- Who is one of your heroes? Why?
- Who is your number one advisor in life? Why?
- My favorite way to spend time is _____.
- Just for the fun/thrill of it, before I die I'd like to _____.
- I was (or would have been) voted "most likely to _____" in high school.
- Who was one of the most interesting people you or your family ever entertained?
- Who was the best boss you ever had? What made him or her so good?
- People might be surprised to find out that I _____.
- Which grade school teacher that made a big impression on you (for good or bad)?

Level 3: Feelings (Who you are)

- What do you miss most about childhood?
- I am most like my mom/dad in that I _____.
- One of my biggest pet peeves is _____.
- When you were a child, what did you want to be when you grew up?
Where do you go or what do you do when life gets too heavy for you? Why?
- When you were a child, what was your favorite time of day? What did you like about it?