



Konnnect

Spiritual Disciplines
WEEK 2

Week 2: Add More God

When you want your spirit to grow closer to God, think about this: Are you doing things that distract you from hearing God, or are you doing things that help you listen to God?

Complete this activity with your family!

Take time to listen to God! *Do each activity to listen to God. Write down what time you did it.*

Read the Bible.

Time: _____

Secretly do something kind for someone else.

Time: _____



Sit quietly, and think about Jesus.

Time: _____

Pray instead of playing.

Time: _____

Say this week's point from memory!

Add more God. Subtract more me.

Say this week's Bible verse from memory!

John 3:30 NLT *"He must become greater and greater, and I must become less and less."*



Complete this Bible Plan with your family!

Train Your Spirit

www.go2.ic/KonnectBiblePlans