



Rock Bridge Small Group Discussion Guide

Fresh Start – Part 1

PARTICIPANT GUIDE

Into the Word: Read Philippians 3:4-14

- a) Paul had a past. Why did his past no longer have power over him?

- b) Paul was driven by promises of the future. Describe those promises (see verses 8-10 and v. 14). Are those promises available to us?

- c) What keeps people from the passionate pursuit of these promises?

- d) Imagine you are talking to a new Christian. How would you encourage them to keep growing and moving forward in their faith? What "future grace" would you be sure they knew about?

Obey & Apply the Word:

- a) (If necessary) -- Ask 2 people in your group to answer this question: *If you bumped into a friend in the grocery store line who missed the sermon, how would you describe to them the gist of it in about 90 seconds or less?*

- b) As you heard the message, where in your life are you sensing God call you to a fresh start? What point of application from the message resonated most with you?

- c) What is the biggest threat that could prevent you from your fresh start?

- d) What is your "next"?

Prayer Time:

Complete this sentence prayer:

Lord, thank you for fresh starts. God, I am praying for a fresh start in _____. Help me to believe that with You, the best is always yet to come. Amen