



Rock Bridge Small Group Discussion Guide

The Prayer Project - Part 4

LEADER GUIDE

SMALL GROUP LEADERS:

Encourage your group to participate in the Prayer Project!

- Engage with the **5X5 Prayer Challenge** to spend 5 minutes each day for 5 weeks in prayer and journaling.
- Join a **Facebook Live prayer time** on Wednesdays at 7 AM or Noon.
- Sign up for **Time with God**, which will focus on prayer.
- Come to the **Day of Prayer** for at least 30 minutes on March 24th at every campus.
- Attend each week and don't miss a message!

Ice Breaker:

*Have you ever been stuck or stranded? Share your story.

Into the Word:

*What part of the message are you still thinking about? Why?

Read Daniel 9:1-4

Read Daniel 10:1-3,10-14

- a) Why do you think prayer is always Daniel's go-to option when troubled or in need?
- b) Where does Daniel get his "material" to shape and guide his praying (see 9:2)?
- c) What is the significance of the spiritual opposition in Daniel's prayer in 10:13? Would you have been tempted to quit praying? Why or why not?
- d) When you study Daniel's prayer life how are you challenged? Encouraged?

Apply the Word:

a) Rock Bridge encourages the P-R-A-Y acronym to help us remember some "types" of conversations we can have with God. Cover these as a group, and discuss what they might look like in a prayer time:

P - Praise: focus on God's goodness and faithfulness, and start with thanksgiving and gratitude.

R - Repent: take sin seriously! It is a relational problem that affects how we interact with God. Say you're sorry!

A - Ask for what you need, no matter what!

Y - Yield to His will. Trust His plans ultimately and surrender it all to Him.

b) Is there an area of your life where you currently feel stuck or broken? What role does prayer play in your response?

c) Why is it important when praying for a breakthrough to remember that you are pleading for God's mercy, not demanding a right or entitlement?

d) Share your impressions, fears, and history on fasting. Discuss the reasons God commands us to fast

Teaching Tip:

Ensure your group members do not think fasting helps us 'earn' more points with God. Rather, fasting is how we purify ourselves, focus our hearts, and feast more on God to hear from Him and discern His will, and cooperate with His movements in our situations.

Group Leaders: make a list of areas in the lives of your group, our church, and community where breakthrough is needed. Challenge your group members to participate in the upcoming season of fasting & Day of Prayer (March 24th).

Prayer Time:

*Pray for the upcoming season of fasting and Day of Prayer

*Pray for any specific breakthroughs needed in your group.

Also join us in praying for our big prayer asks listed here:

- *For Easter invitations - for our church to be praying for and reaching out to the lost.*
- *400 Baptisms - for lives to be connected to Christ.*
- *That we would learn to pray and depend on God more than ever*