



Rock Bridge Small Group Discussion Guide  
The Struggle – Part 2  
PARTICIPANT GUIDE

**INTO THE WORD:**

Read John 20:24-31

- 1) How do you relate to Thomas in this story?
- 2) Why is it dangerous to demand God reveal Himself to us in a certain way?
- 3) Why does Jesus promise blessing to those who believe without seeing?
- 4) According to John 20:30-31, how does God enable us to "see" Christ?

**APPLY THE WORD:**

5) Go back through the "heart" questions given in the sermon. Which one did you find resonated most with you and why?

From the Sermon:

**Questions to ask your heart in a season of doubt:**

- a) Is my heart more willing to scheme (to get what it wants) or to surrender to God's will?
  - b) Am I trying to re-invent or re-imagine God to suit my wants, or am I relying on what God has revealed about Himself?
  - c) What sin or temptation could be active in my heart right now?
  - d) What attribute of God's character needs my attention?
  - e) Peter's question: "Who [else] will I go?" (Where would this doubt take me if not to God?)
- 6) Share an area of doubt in your life where you are struggling to see or trust or value God? How can this group support you?

**Prayer Time:**

- Option A: Pray for each other specifically based on how the above questions were answered by group members.
- Option B: Ask each group member to complete the following sentence prayer:  
*"God, right now I am doubting \_\_\_\_\_. Help me to lean into Your \_\_\_\_\_ (a specific aspect of God's character). Amen.*