



Rock Bridge Small Group Discussion Guide
Me, My Selfie, and I – Part 4
LEADER GUIDE

SMALL GROUP LEADERS: - Remember the C's of Small group health:

CONTENT - *biblical, intentional, and conversational*

CONSISTENCY - *regular meetings and interactions with one another*

CARE - *sharing life's ups and downs with grace, love and encouragement*

CELEBRATION - *celebrating God's grace to us and having fun together*

COMMISSION - *participating in what God is doing now during our lifetime on earth*

CHARACTER - *as a leader – growing in my example for my group*

ICEBREAKER: (Choose one)

- Share a time in your life when you felt really strong (athletic performance, recital, special achievement, etc)?

INTO THE WORD:

1) Read Exodus 14:1-14

- a) List all the ways that God's instructions conflict with "worldly" (or military) wisdom.
- b) Look at verse 14:11. What are the Israelites complaining about and questioning God/Moses about? Can you relate to how they feel?
- c) You've heard it said, "*It depends on how you look at it.*" How do the Israelites need to look at this situation? (see vv. 13-14)
- d) When it is us facing the army, in between a rock and a hard place, why is it so hard to see the situation through the eyes of faith in God?
- e) Why does God work this way? What do we learn about the kind of relationship God wants to have with us? (Read v. 14:18)

APPLY THE WORD:

- 2) Where does this lesson/sermon speak to you the most right now in your life?
- 3) If you accepted God's definition of strength and God's definition of yourself, how would you be different?

Leader Help: God wants us to be strong in Himself and define ourselves by who He says we are in Christ.

- 4) Discuss a situation in your life where you need strength. In your group or groups of 3-4, talk through what it looks like to be strong in the Lord in that situation—even if the circumstances do not change. Be as specific as possible.

Leader Help: Depending on the size of your group, it might be best to break into smaller groups of 3-4 people ... preferably by gender.

PRAYER TIME:

Suggested Idea: (Sit in a circle): Have each person pray for the person on their right (not their spouse), using this as a guide: "Lord, help _____ to be strong in the strength You provide ..."