



SMALL GROUP LEADERS: - Remember the C's of Small group health:

CONTENT - *biblical, intentional, and conversational*

CONSISTENCY - *regular meetings and interactions with one another*

CARE - *sharing life's ups and downs with grace, love and encouragement*

CELEBRATION - *celebrating God's grace to us and having fun together*

COMMISSION - *participating in what God is doing now during our lifetime on earth*

CHARACTER - *as a leader - growing in my example for my group*

Ice Breaker (Pick 1 to answer as a group):

- Share a time when you were greatly embarrassed.
- What used to embarrass you as a child?

Into the Word:

Read Galatians 5:13-26

a) Why does the 'flesh' appear so easily in our homes?

b) Use this passage to explain this phrase: "*True love and kindness are supernatural.*"

Leader Tip: The good fruits of the Holy Spirit indicate that *only* by the Spirit can those aspects come out with pure motives. So true love and kindness that can only come from God's Spirit dwelling in us.

c) Why is it important to remember and rely on God's work in us?

d) What would happen if before you reacted, responded, or initiated with your spouse/friend/child/family member, you asked, "*Is this the flesh or Spirit?*" How according to this passage can you tell the difference?

Apply the Word:

a) What insight from the message or text was most meaningful to you this week?

b) How much influence does shame and contempt have over you or in your relationships?

Leader Tip: To get this conversation started, you may consider asking questions such as: how easy is it for you as a couple to pray together? discuss sin? admit when you are wrong? not get defensive?

c) How does the Gospel of Jesus produce new possibilities in our families and marriages?

Leader Tip: The Gospel ALWAYS encourages us that change is possible with the Spirit's power. We should NEVER live in a hopeless situation. The power of the Spirit is enough.

d) What part of the Gospel do you most need to remember when interacting with your family/spouse? (Ex: The hope that we can change, the truth that we are all sinners, the truth that we are all forgiven, the truth that we are all loved?)

Prayer Time:

- Using answers in d) above, pray for each person and for God's power and grace to enable them to live differently.